Appendix D

FOLLOW-UP QUESTIONNAIRE WITH SIGNIFICANCE LEVELS OF
THE DIFFERENCE BETWEEN SCORES OF
EXPERIMENTALS AND CONTROLS

NAME:

DATE:

PART I:

Please list the most important persisting changes in you since Good Friday. These changes should be only those which you feel are due to your Good Friday experience and which are still present in you now.

Then please make a numerical evaluation of the benefit or harm of each change with the following rating scale. Use for comparison your status before Good Friday.

5 - Very strongly beneficial (to a degree more than ever before in my life and stronger than 4 for this type of change)

4 - Strongly beneficial (to a degree equivalent to any previous change or expectations of this type)

3 - Moderately beneficial

2 - Slightly beneficial

1 - Cannot decide whether this was beneficial or not

0 - None: neither beneficial nor harmful

-1 - Cannot decide whether this was harmful or not

-2 - Slightly harmful

-3 - Moderately harmful

-4 - Strongly harmful (to a degree equivalent to any previous change of expectation of this type)

-5 - Very strongly harmful (to a degree more than ever before in my life and stronger than 4 for this type of change)

Probabilities that the difference was due to chance are
Please list your changes below:² (Use the back of the sheet if needed.)

listed for each item. The Sign Test was used and the prediction was made that the scores of experimentals would be higher than of controls unless otherwise indicated.

²These changes were content analyzed by the judges with the accounts written soon after the Good Friday experience.
PART II:

Looking back on your Good Friday experience, please rate the degree to which at any time during that day (after the experience began) you experienced the following:

NOTE: In your evaluations of degree please use this rating scale:

5 - Very strongly (more than ever before in my life and stronger than 4)
4 - Strongly (would be equivalent in degree to any previous strong experience or expectation of this description)
3 - Moderately
2 - Slightly
1 - Cannot decide
0 - None, not at all

1. Loss of usual time sense .001
2. Loss of usual awareness of where you were .002
3. Certainty of the reality of what was experienced .020
4. Enhanced capacity of mind .008
5. Intensity of your response to the experience .001
6. Totality of your response to the experience .001
7. Sense of having known the universe in its wholeness .016
8. Definite change in your usual state of consciousness .002
9. Suddenness of appearance of various dimensions of consciousness .020
10. Intellectual illumination .035
11. Ecstasy .004
12. Peace (.5)
13. Happiness (.23)

14. Sense of presence of what can only be described as nameless .032

15. Sense of sacredness with which you regarded your experience (.37)

16. Feeling that you could not do justice to your experience by a verbal description .001

17. Certainty of encounter with ultimate reality (in the sense of being able to "know" and "see" what is really real) .008

18. Loss of your own identity .004

19. Pure awareness beyond any empirical content .002

20. Meaningfulness of your own life (.055)

21. Rebirth experience .016

22. Awe .011

23. Communion with ultimate reality (.23)

24. Deep interpersonal relations with other people present .035

25. Loss of feelings of difference from objects .016

26. Eternity .002

27. Gain of insightful knowledge experienced at an intuitive level .004

28. Love (.26) (toward one's fellow man as a human being, not of an erotic or sexual nature)

29. Delight .016

30. Sense of your own finitude in contrast with the infinite .020

31. Expansion of usual personal consciousness to other dimensions within the self .001
32. Expansion of usual personal consciousness to other dimensions beyond the self .004

33. Fusion of the self into a larger undifferentiated whole .008

34. Spacelessness .004

35. Timelessness .004

36. Feeling of completeness .004

37. Intuitive experience of the essences of objects .032

38. Sense of being grasped and dealt with by the experience .001

39. Joy .016

40. Sense of reverence (.5)

41. Sense of belonging to a new and greater unity .008

42. Loss of sense of self as a predominantly positive experience .004

43. Loss of sense of self as a predominantly negative experience .004

44. Sense of unity with objects .032

45. Blessedness (.11)

46. Exultation (.37)

47. Freedom from the limitations of the self in connection with a unity or bond with what was felt to be all-encompassing and greater-than-self .004

48. Sense of being at a spiritual height .016

49. Unity with ultimate reality .016

50. Sense of the presence of God (.5)

51. Love of God or Christ (.26)
52. Return to your usual state of consciousness the day after the experience. 

SECTIEN III:

The purpose of this section is to measure certain persisting effects which you consider due to your Good Friday experience. Use for comparison your status before Good Friday. Using the same rating scale as in Section II preceding (single 0 to 5 scale), please evaluate in regard to your present condition the degree to which:

53. The experience has changed your philosophy of life
   a) positively.001; negatively (1)

54. You have become more sensitive (a) to the needs of others.002;
   b) less sensitive (1)

55. You have less personal integration (a) (.5); b) more.002

56. You have learned something useful from the experience
   a) .004; b) detrimental (1)

57. You have had difficulty in trying to communicate your own experience to others who were not present a) .002;
   Have had ease b) (.11 -- for controls)

58. Your behavior has changed in ways you would consider negative since the experience a) (.13); b) positive.002

59. You now feel a greater need for service for others a) .035;
   b) lesser need (1)

60. You are less your true self with others a) (1); b) more.008

61. Feelings of depression have increased a) (.063); b) decreased (.063)

62. Your appreciation for life has a) increased .002; b) decreased (.25)

63. You have a greater sense of inner authority in your life
   a) .002; b) lesser (1)
64. Your life has a diminished dynamic quality a) (.25); b) heightened .008

65. Others have remarked about a negative change in you since Good Friday a) (1); b) positive change (.19)

66. You have decreased feelings of happiness a) (.13); b) increased (.11)

67. Your life has more meaning a) .035; b) less meaning (.5)

68. You are more tolerant toward others a) .032; b) less tolerant (1)

69. You have less peace in your life a) (.7); b) more peace (.11)

70. You are convinced now in retrospect that you encountered ultimate reality in your experience (i.e., that you "knew" and "saw" what was really real) .016

71. You have a decreased achievement efficiency a) (.7); b) increased (.5)

72. You have an increased sense of reverence a) (.062); b) decreased (1)

73. You have been accused of logical contradiction in trying to describe the meaningfulness of your own experience to others who were not present (1)

74. Feelings of anxiety have increased a) .032; b) decreased .016

75. You now have a less certain vocational commitment a) (1); b) more certain (.063)

76. You have a more positive relationship with others a) (.063); b) more negative (.9)

77. You are a less creative person a) (.25); b) more creative (.06)

78. You have more enthusiasm for life in general a) (.062); b) less enthusiasm (.25)

79. Your sense of values (i.e., what is important to you in life) has changed a) positively .035; b) negatively (1)
80. You place more importance on traditional theological formulations to express spiritual insights a) (.5); b) less importance (.035)

81. Your life has less richness a) (1); b) more richness .020

82. You feel that you now know a new dimension of life .004

83. You spend less time for devotional life a) (.5); b) more time .008

84. Your appreciation for the whole of creation has increased a) (.035); b) decreased (.25)

85. You now feel more hatred toward others a) (.9); b) more love .016

86. You have lost by now the state of consciousness which you experienced on Good Friday a) .004; b) retained (.5)

87. You have more joy in your life a) .016; b) less joy (.25)

88. You now feel that what you experienced was a subjective delusion (.25)

89. Time spent in quiet meditation has increased a) .008; b) decreased (.5)

90. You have less of a sense of the preciousness of life a) (1); b) more .008

91. You are a more authentic person a) .016; b) less authentic (1)

92. You now feel that the meaningfulness of your own experience is beyond words .004

93. You have less of a sense of the adventurous outreach of life a) (1); b) more (.09)

94. Your experience has been valuable for your life a) .020; b) has been a hindrance (.13)

95. You now feel that your life has taken a definite change of course because of this experience .032
96. You have tried to recapture any parts of the Good Friday experience since then (.15)

97. You have been successful in this attempt (.19)

98. You would be interested in repeating the same experience you had on Good Friday a) (.26) b) would not be interested (.5)

99. You would be interested in having more of these kinds of experience (not necessarily with the hope of an exact repetition of your Good Friday experience) a) (.23); b) would not be interested (.25)

100. You are convinced that you had psilocybin a) .001; did not .001 (for controls)