NATURALLY, my experiences with sex and psychedelics got me interested in Tantra, the ancient Indian system of sexual yoga. Over the years, I have become fairly well-acquainted with basic Tantric practices, and have gotten to know a number of people in the Tantric community. This sensual and spiritual community incorporates consciousness-raising sexuality into their daily religious practice. From spending time with these people I learned that it is not uncommon for practitioners of Tantra to incorporate psychedelic plants, such as Cannabis or psilocybin mushrooms, into their sacred rituals.

Although the ritualistic mixing of sex and psychedelics is ancient—and openly discussed in the writings of iconoclastic philosophers like Aleister Crowley and Robert Anton Wilson—the psychopharmacological techniques for activating higher states of sexual consciousness remain unknown by most people, and they are often kept secret from early initiates of Tantra. Techniques for enhancing sexual rituals with sacred plants are rarely mentioned in popular books on Tantra or in Tantra workshops.

This important omission is deliberate. It’s due to the fact that it requires a good bit of training to handle the enormous amount of energy that a Tantric-psychedelic session can generate. Tantric sex can be quite intense on its own, and that may be more than enough for most people who are interested in exploring Tantra. Not everyone can handle shivering in ecstasy for hours while their partner’s face is melting.

The omission of psychedelics is also largely due to the fact that most people in the Tantric community are aware that the idea of a sexually-based spirituality is controversial enough for most people. Mixing sex and religion elicits strong taboos in many people. Making it widely known that some of those same people who are mixing sex and religion are also using “Schedule I drugs” may not be the wisest way to gain societal acceptance during a time in history when sacred plants are regarded as forbidden fruit by the Puritanical overlords of society. So their secrecy is understandable.

However, since it can be emotionally risky to mix sex and psychedelics if one isn’t properly prepared, perhaps a more open discussion of these experiences would be beneficial. Since nothing is going to stop people from mixing sex with just about every substance imaginable, and since the emotional consequences of these experiences can be so extreme, openly sharing our experiences with one another is probably a good idea.

This is one of the reasons that Annie Sprinkle [also in this Bulletin, see page 9] and I are currently working on a book about sex and drugs, with an emphasis on psychedelics. We are collecting anecdotes for the book, and are eager to receive submissions. Please send us any interesting experiences that you have had combining sex with a psychoactive drug, regardless of whether it was positive or negative. Be sure to include written permission to quote from your experience in our book, and let us know whether or not you wish to remain anonymous.

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FRED WEIDMANN, www.art-online.de/weidmann.html  *PANAEOLUS CYANESCENS*, 1999
acrylic on paper fixed to canvas, 58.5'' X 50.7'' (collection of Roger Liggensdorfer), Switzerland
My canvases speak the language of my visions and dreams.” If we consider different entry ways into the creative process, the psychedelic experience can certainly be considered one of the more immediate gateways. As a gate to the superconscious, the sudden mind expansion of this path will provide an automatic opening of all channels, through which the unlimited abundance of visuals will flood and imprint the artist’s mind, forever providing her/him with an inexhaustible wealth of images to be materialized on canvas in time. As the messenger between the worlds, the artist may help manifest these unknown worlds for all to see. From my psychedelic journeys I have brought back the understanding that the colors and forms are the language of those realms. They are the Esperanto of the unknown, where communication is directly with the soul. Anything learned becomes cellular instantly.

In these worlds any realization turns into creative energy and action immediately. These inner visions are the guide and inspiration for my paintings. Bringing back these images is about communication. The painting becomes the otherworldly blueprint from which we can translate into human context. The message is simple: “If we allow it, there is no limit to form and content.” This holds the potential for us to be able to create a reality as beautiful, healthy and strong as our imagination permits. The Muse of Conscious Awakening reigns over the land of unlimited possibilities. She alerts us to be courageously awake in the presence of the unknown and to allow for its magnificent gifts to unfold. And the muse said: “I’ve come from the ancient past and distant future to remind you of places that you will have been to.”

— Martina Hoffmann