# UNITED STATES DEPARTMENT OF JUSTICE DRUG ENFORCEMENT ADMINISTRATION

In the Matter of	)	Docket	No.	84-48
MDMA SCHEDULING	)			
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REBUTTAL TESTIMONY OF HARLAN E. SHANNON, Ph.D.

I, Harlan E. Shannon, Ph.D., make the following statement:

I am a pharmacologist at the National Institute on Drug Abuse, Adiction Research Center in Baltimore, Maryland. I received my doctorate in pharmacology from Emory University in 1976. I have been employed as a post doctoral fellow and staff scientist at the Addiction Research Center.

Currently, I am the Acting Chief of the Neuropsychopharmacology Laboratory within the Preclinical Pharmacology Research Branch of the Addiction Research Center. A copy of my curriculum vitae is attached as exhibit 1.

I have read Dr. Nichols' statement regarding MDMA and I offer the following observations:

- 1. The premise that placing MDMA in Schedule I might needlessly delay a potential major advance in psychotherapy is without merit. The therapeutic utility of nitrous oxide and diethyl ether was apparent in relatively early experience with these drugs. The therapeutic utility of MDMA is not readily apparent at this time.
- 2. The abuse liability of a drug must consider at least two factors. One factor is whether the drug is reinforcing and can maintain drug-seeking behavior. A second factor is the perniciousness or deleterious effects of the drug. If the therapeutic utility of a drug outweighs the ability of a drug to maintain drug-seeking

- behavior and its deleterious effects, then it should remain available for clinical use. Morphine is an example of such a drug. On the other hand, if the perniciousness of a drug outweighs its therapeutic utility, then it should not be available for clinical use.
- The premise that "whenever clinical descriptions are available for 3. the effects of psychoactive drugs, these descriptions must of necessity supercede results from animal studies" is without merit. It has been documented numerous times that whenever the practitioner or scientist and the client or subject are knowledgeable as to the fact that a drug is being administered, subjective bias will strongly influence the subsequent conclusions as to the utility of the drug. Too many people are prone to a "placebo effect." That is, a person may respond in a manner which is in the expected therapeutic direction regardless of what has been given, including a placebo or sugar pill, if they believe that the "tablet" given should be therapeutically effective. For this reason, it has become well established that clinical descriptions of psychoactive drugs are valid only when both the practitioner or scientist and the client or subject are unaware of whether a drug or placebo has been given. Such studies are termed "double-blind, placebo controlled." To date, no such studies or clinical experience have been reported for MDMA, even though there has been ample opportunity. Thus, there are no valid clinical descriptions of the effects of MDMA to date. Therefore, we must rely solely on the available animal data.
- 4. The available animal data, as reviewed by Dr. Nichols, indicates that MDMA is predominantly amphetamine-like. This point should not be clouded by the use of such terms as "sympathomimetic." Amphetamine

is a sympathomimetic, as is MDMA, as Dr. Nichols concedes. While Dr. Nichols is correct in his assertion that the pharmacology of S-(+) or racemic MDMA is not adequately described by current pharmacologic definition, he presents no evidence to indicate that MDMA differs in any fundamental way from amphetamine.

- 5. The human studies cited by Dr. Nichols in support of the contention that S-(+) MDMA or racemic MDMA are different from amphetamine are anecdotal reports. There is no evidence that the human subjects would have been able to tell the difference between MDMA and amphetamine if they had been given comparable doses on separate occasions when they and the practitioner or scientist were unaware as to which drug the client or subject had been given.
- 6. Dr. Nichols states that "one therefore could not predict, a priori, whether it [MDMA] had therapeutic value, without adequate clinical trials." As discussed above, an adequate clinical trial would be a "double-blind, place controlled" trial. There has been ample opportunity for practitioners to conduct such a trial. The argument that MDA was popularly marketed as the "love drug" and MDMA has less hallucinogenic potential than MDA, and therefore by insinuation a better drug, is without merit. PCP also has been marketed on the street as a "love drug".

Harlan E. Shannon

# CURRICULUM VITAE

\_\_me:

Harlan E. Shannon

Date of Birth:

January 16, 1947

Place of Birth:

Boulder, Colorado

# Education:

University of Redlands, Redlands, CA B.A. 1969 Psychology

Emory University, Atlanta, GA M.A. 197

M.A. 1972 Experimental Psychology

Emory University, Atlanta, GA

Ph.D. 1976 Pharmacology

# Major Reséarch Interest:

Drug Discrimination

Drug Self-Administration

Behavioral Pharmacology

# Professional Experience:

Chief, Neuropsychopharmacology Laboratory, National Institute on Drug Abuse, Addiction Research Center, 1984-present.

Pharmacologist, National Institute on Drug Abuse, Addiction Research Center, 1978-1984

Assistant Adjunct Professor, Department of Pharmacology, College of Medicine, University of Kentucky, 1977-1983

Staff Fellow, National Institute on Drug Abuse, Addiction Research Center, 1976-1978

USPHS Pre-Doctoral Research Trainee, Pharmacology, Emory University, 1972-1976

NICHD Pre-Doctoral Research Trainee, Psychology, Emory University, 1969-1972

# Editorial Consultant:

Psychopharmacology
Pharmacology Biochemistry and Behavior
Journal of Pharmacology and Experimental Therapeutics
Proceedings of the National Academy of Sciences U.S.A.
Life Sciences
Brain Research Bulletin

# Professional Societies:

American Association for the Advancement of Science International Study Group Investigating Drugs as Reinforcers Sigma Xi American Society for Pharmacology and Experimental Therapeutics Behavioral Pharmacology Society

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#### **ABSTRACTS**

#### Harlan E. Shannon, Ph.D.

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