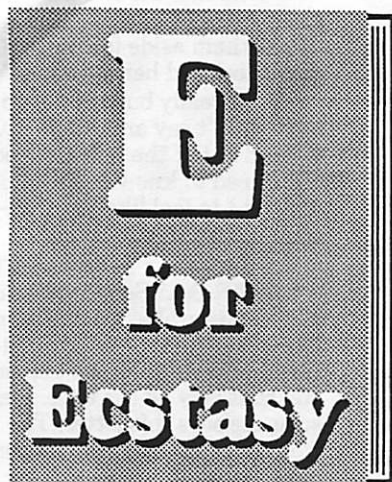


# E for Ecstasy

a new book by Nicholas Saunders

"The most important new book on MDMA available today, simply outstanding." — Rick Doblin



- **How does MDMA work?**
- **What are its benefits?**
- **Can you enhance benefits?**
- **What are its risks?**
- **Can you reduce risks?**

**E****CTASY.** Find out the facts about the dangers, myths and exotic uses of the drug MDMA (Ecstasy). Read how MDMA is used in rituals, for solving problems, improving relationships, facilitating meditation and even overcoming writer's block. Learn about the latest therapeutic use in Switzerland and the techniques used by licensed psychotherapists.

What are the social consequences of half the young people in England taking Ecstasy at raves? Studies indicate that the drug experience can alter personality and may be having a profound effect on people's values, and its use may have pacified a group of notorious football supporters. Personal accounts are included of people who believe the drug has altered the course of their lives, for better and for worse.

"The book is heavy with references (well over a hundred), plus a bibliography containing summaries of hundreds of scientific reports (written by Alexander Shulgin). Yet, for all that, it is easy reading with the academic papers pushed to the back of the book." — Human Potential

"An impartial, objective and unsensationalized examination of the 'E' phenomenon which informs and advises anyone concerned with the substance." — 24-7

"Interesting new stuff... useful summary of available research on MDMA... Saunders should be congratulated." — The Face

**E for Ecstasy** is a 320-page book costing \$12.95 in bookstores or \$16.00 from MAPS via priority mail. The first 24 people ordering **E for Ecstasy** from MAPS will receive a copy autographed by the author. These copies have been donated to MAPS by the author to support MDMA research.

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