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### Healing Cocaine Addiction with MDMA

Dear MAPS,

In 1984 I was a regular cocaine user (at least 3 times per week) and had experienced paranoid spells, tremors and continual craving during use. My first MDMA experience was in August of that year and continued on a semi-regular basis for years, meaning at least once every two months.

The motivation to do deep introspective work while on MDMA became greater as time went on, especially around religious/spiritual themes. I prayed deeply during my trips for "deliverance" from my dependence/lack of control relative to cocaine. I noticed after the second year that my coke use had dropped markedly. By 1988-89 (January) I had stopped completely and have been clean for five years. From 1986-89 my MDMA use was sporadic as compared to 1984-85. I believe that a sincere desire to stop using coke was imperative, but also know that MDMA allowed me to source inner places of both unhappiness and power which were necessary in my recovery.

*(The writer goes on to describe a uniquely spiritual moment that surfaced during a later MDMA session...)*

During October 1992, I experienced a mystical vision while using MDMA. I had taken approximately 125 mg initially at about

7 p.m. and another 50-70 mg at around 9 p.m. I was on an open deck looking south on a moonlit night, about two hours after sunset, and saw cloud formations moving in a seemingly deliberate way - one from the east (a dark one) and the other from the west. In between I saw another cloud with a figure emerging from behind it. As I stared at this arrangement for about 5 minutes, the central formation took the form of my mother-in-law's face. She looked concerned and scared as she looked at the dark formation. My mother-in-law was in a hospital in Charleston, SC dying of cancer. As the outside clouds moved closer together a large white arm reached from the westerly formation to envelope the cloud containing my mother-in-law's image. My inner sense was that she was relieved of the tension and pain, that I sensed earlier. Within ten minutes the combined clouds created an aura around the moon. I learned several hours later that she had died at 6:00 p.m. I know that her spirit came before me that night.

Sincerely, S.J.