



# MAPS

Bulletin of the Multidisciplinary Association for Psychedelic Studies

**One of the special pleasures** of directing MAPS is meeting members and learning about what motivates them to participate in our shared adventures. As a result of my recent move to Belmont, Massachusetts, I was contacted by a MAPS member who, conveniently, now lives only a few blocks away. He and his wife invited me to bring my family over for lunch to get acquainted. We gladly accepted their kind invitation.

**Shortly after arriving**, we were shown a rare collection of original issues of the *Psychedelic Review*, the journal that came out of Harvard in the early to mid-1960s, and learned that our new neighbor's interest in psychedelics stretched over 35 years. We also learned that he is a videomaker, producing documentaries about labor-management relations. During lunch, we learned that he had also been an anti-war activist during the late Sixties and had worked as a draft counselor. I quickly surmised that his psychedelic experiences had played a major role in motivating him to social action. This assumption confirmed my own estimation of the potential value of psychedelic experiences and affirmed the choices I had made in my own life's direction. All very reassuring.

## **Letter from Rick Doblin, MAPS President**

**After lunch, we went walking** nearby on some wooded property that was the subject of a development battle in which his wife was a principal activist struggling to promote a lower-impact project. During our walk, I asked what motivated him to do his social justice work, even though it was obvious to me already that psychedelics must have played a decisive role. Imagine my surprise and disappointment when he told me that psychedelic experiences actually had made no major contribution to the development of his values and goals. He smiled and said that a more important formative experience was, as a child, reading a series of books about a character called Freddy the Pig, who he said was unconventional, original in thought, moral and kind.

**I was stunned**, not only because of the vast distance between psychedelics and Freddy the Pig, but because I had just rediscovered a cherished missing link to my own childhood, a link which I had been searching for unsuccessfully for many years. I, too, was a fan of Freddy the Pig, though the name of the character had receded into the mists of childhood despite several efforts to recover the memory. Several years ago, right after the birth of my first child, I had gone to the children's section of the local library searching for some books about pigs, hoping to find some clue as to the series of books that had enraptured me as a child. No luck. I kept this search in the back of my mind but gave it up, with sadness, as a lost cause. Yet in that conversation, Freddy became present in my life again, rather like a dramatic insight during a psychedelic experience.

**From this I drew two lessons:** it's important to refrain from making rash and simplistic assumptions about people's motivations, and, when people confound my assumptions, what I learn can be more valuable to me than what I thought I already knew.

**The community of MAPS members slowly expands.** The most effective way for MAPS to grow is through word of mouth. If you can appreciate the priorities reflected in the annual report in this issue of the Bulletin (page 7), please consider renewing your support and supporting our membership drive by speaking about MAPS to a friend. The MAPS staff, Sylvia Thyssen, Carla Higdon, and myself, look forward to getting to know as many of you as we can, for the pleasure of mutual discovery and shared goals, whatever their inspiration.

**Best wishes,** Rick Doblin, MAPS President.

## Progress Report: Follow-up study of **Bastiaans LSD therapy**

Nicole Maalsté  
and Hans C. Ossebaard

a financial contribution from MAPS has opened the opportunity to conduct a preliminary study among clients who participated in LSD-assisted therapy with the Dutch psychiatrist Jan Bastiaans (see *MAPS Bulletin*, VII (2), p.3; 1998). In this progress report we give an account of the research activities that have been carried out so far and those ahead of us.

The present retrospective study is a simple version of a larger design. Its main objective is to establish systematically the subjective judgements of clients who underwent LSD therapy during the years 1950-'80 under supervision of Bastiaans and his co-therapists. The population under study is thus elderly people, mostly referred because of a range of war trauma. The semi-structured questionnaire that we designed enables us to relate their judgements with a range of other variables like sex, age, educational level, length of treatment, post-treatment care, medication, etc. Additionally, respondents can indicate their willingness to cooperate in a further, in-depth study.

The idea is to work out a profile that correlates with success or failure of the treatment and gain insight into the process of Bastiaans' method of LSD therapy. Moreover, we intend to investigate the possibilities for follow-up studies. We have already obtained permission to make use of all relevant written and audiovisual material available that is stored at several locations.

We attended an AMCHA (an institute offering psycho-social help to survivors of the Holocaust) congress on trauma to make ourselves known and to get acquainted with the atmosphere and interests of our respondents. We also tried to attract potential respondents and to bring attention to the challenge of financing further study. At the recent 'Psychoactivity' conference in Amsterdam we presented to a wider audience in order to raise additional support for the project.

Recruitment of respondents is a time-

consuming affair that is still going on. In the Netherlands, over a hundred smaller and bigger organizations and groups of war survivors exist. Through advertising in their publications we are trying to reach potential respondents. However, sometimes these publications appear very infrequently, so we have to await further reactions. We may need to apply snowball sampling techniques in order to attain the target number of at least 50 subjects.

So far, 16 people have contacted us by phone or mail. We expect this number to increase. The questionnaires were sent to 15 people and we handed out 10 questionnaires at the AMCHA congress. Until now only eight people have responded. They all are willing to participate in further research. Although we are more interested in LSD or psilocybin-assisted therapy, respondents who participated in narcoanalysis (where pentothal was used as adjunct to psychotherapy) are in the majority. The available data are presented here in a very preliminary way. The age of the respondents so far ranges between 55-80 years and they are generally well educated. Subjects were quite old at the time of their session(s) (average 54 years) and often had a (long) history of complaints and other therapies (range 2 months to 25 years; average 10 years). Half of them were referred by other professionals, the others contacted Bastiaans themselves. Their complaints consisted of sleeping disorders (nightmares), suicidal tendencies, tics or aggressive behavior. LSD was never administered in the first session. Most ex-clients received just psychotherapy, sometimes assisted with pentothal.

The two clients who participated in LSD therapy are (still) satisfied with the treatment by Bastiaans, who always worked with one or more of his co-therapists.

The subject is rather delicate in the Netherlands for reasons that are clear to most readers of this *Bulletin*. Nevertheless, the study is supported by ICODO (National Information and Coordination Services for war survivors), Centrum '45 (a national center for medical and psychological treatment of survivors of World War II and members of the Resistance), PAN (Psycho-Active Network) and—among others—medical psychologist Dr. Van der Ploeg (Free University, Amsterdam) who in the 1980s worked with Bastiaans. The scientific committee for the study consists of historian Dr. Schuyf (researcher, ICODO), clinical psychologist Dr. Kleber (Director, Institute for Psychotrauma) and therapist Mr. Reerds (Treatment Manager, Centrum '45). The relevance of this research lies in the implications it has for future therapeutic use of hallucinogens in indications such as post traumatic stress disorder. Finally, it possesses an evident historical dimension.

A final report will appear when the study is completed in Spring 1999. •

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### **Ketamine Psychedelic Therapy**

*Evgeny Krupitsky, M.D., Ph.D.*

*Leningrad Regional Center for Alcoholism and Drug Addiction Therapy*

So far, our research team has treated 68 heroin addicts as part of a three-year study of ketamine psychotherapy (KPT). This study is being funded by MAPS and the Heffter Research Institute.

In June 1998, I presented a paper at the International Satellite Meeting "Building International Research on Drug Abuse" held in Scottsdale, Arizona. This meeting was organized by the National Institute on Drug Abuse (NIDA) in conjunction with the 60th Annual Meeting of the College on Problems of Drug Dependence (CPDD), the major conference in the U.S. (and in the world) focused on the problems of drug addiction.

The presentation raised a lot of interest among participants and even among some NIDA officials who noted that KPT could be a useful approach to the treatment of heroin addiction, particularly in those countries where methadone maintenance is not available. In spite of the fact that the mainstream psychiatric paradigm dominated at the NIDA/CPDD Meeting, there were many researchers there who felt positive about the perspectives of psychedelic psychotherapy in the field of addiction. In particular, I had a very interesting and productive discussion with Dr. Kenneth Alper of the Neuropsychiatry Center of New York University School of Medicine and with Dr. John Halpern of the Alcohol and Drug Abuse Research Center of Harvard Medical School. I hope that we will be able to do collaborative research with ketamine as a result of our discussions in Arizona.

I would like to express my deepest gratitude to MAPS which covered my hotel expenses in Scottsdale and to NIDA which covered my travel expenses from St. Petersburg to Arizona. Without their support I would not be able to attend the NIDA/CPDD Meeting because of the very poor economic situation in Russia, particularly in the area of medical science, which is almost out of Federal funding at the moment. •

### **MDMA Research Updates**

*Serotonin and dopamine system interactions  
in the reinforcing properties of psychostimulants  
Wayne State University School of Medicine  
Principal Investigator: Manuel E. Tancer, M.D.*

This study began in September 1998 (see *MAPS Bulletin* Vol. VII No. 3, Summer 1997). A low dose (75 mg) of MDMA has been administered to subjects as part of the dose-finding phase.

*MDMA Pharmacokinetics Study at UC San Francisco  
Principal Investigator: John Mendelson, M.D.*

The MDMA administration phase of this study has been completed. Data analysis is underway. •

## Psychoactivity: a Multidisciplinary Conference on Plants, Shamanism & States of Consciousness

Carla Higdon  
MAPS Projects Coordinator

and twin staircases leading up to a spacious auditorium with ornately carved wooden trusses, stone statues, and giant chandeliers. It was a befitting and decorous site for an event that featured some of the most prominent psychedelic researchers and visionaries of our time: Psychoactivity 1998.

The conference began on Thursday October 4 with an introduction from the organizers: Claudia Müller-Ebeling, Arno Adelaars, and Hans van den Hurk (founder of Amsterdam smart shop "Conscious Dreams"). Simon Vinkenoog, an active figure in the psychedelic community of Amsterdam since the 1970s and co-editor of the magazine *Pan Forum*, began the day's session with an animated reading of his own "Psychoactive Poem."

### Psychedelics in Europe

The first presenter, Antonio Escotado, author of the three volume *General History of Drugs*, spoke about the role of psychoactive agents in shaping prevalent social trends throughout the history of Western civilization. He began with the ancient times of the Eleusinian mysteries when people took psychoactive agents as a joyful sacrament, then moved on to the advent of Christianity when the gods of old like Bacchus, Pan, and Dionysus and the earthly pleasures they represented became synonymous with Satan and Satanic practice. He discussed how the moralization of drug use in the U.S. has steadily escalated, from the times of Alcohol Prohibition to the current War on Drugs.

After a short break, Peter Cohen and Mario Lapp from the Netherlands, and Patricia Ochsner from Switzerland held a panel discussion about the future of European drug policy. Some of the topics were: how the treatment of addiction varies from one European country to another, heroin maintenance vs. methadone treatment, decriminalization of cannabis, and innovative harm reduction measures such as the availability of a chromatograph to test the purity of MDMA at raves.

The Royal Tropical Institute of Amsterdam is a stately building, with a grand marble entrance hall

Dr. Dick Bierman of the University of Utrecht followed with a fascinating account of a study that explored clairvoyance in test subjects under the influence of psilocybin mushrooms. In a free response test called the Ganzfeld Procedure, participants were asked to wear sensory deprivation goggles and "white noise" producing devices while the "sender" looked at random images through a view master. To succeed, test subjects had to correctly guess one out of three images. Some of the images were positive in nature while others were negative. Thirty-two percent were successful, but Bierman concluded that subjects scored much higher when identifying positive images and apparently suppressed the material that was more negative in nature.

Hans van den Hurk ended Thursday's session with an informative talk of his personal vision of "bringing psychoactivity to the people" with the 1993 inception of Conscious Dreams, Amsterdam's first smart shop. The store has been a huge success; it carries a variety of herbs, vitamins, and legal psychoactive drugs. The management encourages responsible use and hopes to minimize risks by providing harm reduc-

tion information along with each product. There are currently approximately forty smart shops in Amsterdam.

#### **Visionary Plants**

The first of Friday morning's presenters was Christian Rättsch, who gave a talk entitled, "Psychoactivity: the Fountain of Culture." Stacy Schaefer gave a presentation about the Huichol Indians, their peyote-inspired artwork and Mexican drug laws. Claus Deimel discussed peyote scraping. Following a short break Benny Shanon summarized the findings from his MAPS-funded study (see *MAPS Bulletin* Vol. VIII No. 3, Autumn 1998) on the commonalities of ayahuasca visions experienced by people of vastly different cultures and socioeconomic backgrounds.

After lunch, Jonathan Ott delivered a detailed lecture and slide show on *jurema preta* and other ayahuasca analogues with his usual casual and scholarly charm.

*Jurema preta*, also known as *Mimosa hostilis*, is, according to Ott, orally active without the customary MAO inhibitor of *Peganum harmala* seeds. His presentation was peppered with humorous confessions of his own personal affinity for DMT. For some this would have been a tough act to follow but the next presenter proved up for the task.

Dressed like he was from the salon of some Oxford don, Ralph Cosack entertained us all with his eccentric blend of wit and old fashioned formality. He gave an authoritative discussion on the mysterious sleep-producing effects of *Amanita muscaria* and how to most effectively prepare this mushroom for ingestion. He somewhat reluctantly admitted in the end to having arrived at these conclusions after many years of personal bioassay.

Giorgio Samorini was up next with the tale of his iboga initiation with the Buiti tribe of Gabon, Africa. The Buiti practice a syncretic religion that combines aspects of Christianity with more traditional ancestor worship. They use iboga as a sacrament and ingest amounts that are large enough, according to the paradigm of western

medicine, to kill several people. Samorini documented his initiation ceremony on slides, and recalls it as being, "very hard and very dramatic," where he, "faced death issues for a long time." He ate eight hundred grams of the root bark (psychedelic effects start at 7 to 10 grams).

Paul Stamets concluded Friday's events with a slide show of the beautifully rugged and mushroom-laden terrain of the Olympic Peninsula of Washington state and a crash course in the fundamentals of mycology. Stamets suggested that there is an ultimate design to the interface of mushrooms with human culture and to the mycelial networks that run through the earth's soil. He brought up the amusing fact that we are all unwitting participants in the profligation of mushrooms as their spores hitch rides on us while we travel throughout the world.

#### **A Surprise Guest**

The day came to a close and hints were dropped about a special mystery guest scheduled to appear first thing the following morning. We left with the certainty that we would all be getting up early.

To our delight, the guest turned out to be the venerable Dr. Albert Hofmann. He began Saturday's session with an engaging account of his accidental but legendary discovery of LSD, which he claims "found him." He gave a poignant reading from some of his earlier musings, poetically referring to Earth as our "floating blue planet, where the dramas of man are acted out." He suggested that we, as humans, might be humbled by our small place in the infinite universe and added that we could learn from children who are in his opinion "born philosophers who see the world as it really is." Of course, we were all overjoyed by Dr. Hofmann's unexpected appearance and honored him with a standing ovation.

#### **Psychedelic Therapy**

The application of psychoactive substances in psychotherapy was the theme for the remainder of the morning. Ralph Metzner elaborated on the dichotomy between the healing models of allopathic

medicine and those of shamanic practices and described the four categories of human psychedelic experience. After Metzner, Ann Shulgin spoke about the therapeutic techniques used by "Adam Fisher," her pseudonym for the renowned psychedelic therapist Myron Stolaroff refers to as "Jacob" in his book *The Secret Chief*.

Ann was followed by Richard Yensen and Donna Dryer who described the effectiveness of LSD as an adjunct to psychotherapy in the treatment of alcoholism. At The Maryland Psychiatric Research Center where some of this pioneering work was first carried out, one third of the patient population maintained sobriety for eighteen months after just one high dose session. Donna recounted the famous case history of Art King. In a 1965 nationally televised LSD therapy session, King confronted painful emotional issues and with the support of his wife, successfully overcame years of debilitating alcoholism. (In 1994, the television program *48 Hours* showed a follow-up interview with King, who remains sober today.)

After a short coffee break, three German physicians, Michael Szukaj, Thomas Heinz, and Michael Schlichting, reviewed their protocol for a proposed psilocybin "self study" designed to introduce twenty-four doctors to the effects of the drug by direct experience. It is their hope that such a study would lend credibility to the psychedelic experience within the community of medical professionals as well as fulfill a required prerequisite for future therapeutic studies in Germany. MAPS has pledged \$7,000 to this study, pending the necessary approvals required from German governmental agencies.

#### **Psychedelic Art**

Following lunch, Manuel Torres began the afternoon discussions about the influence of psychoactivity in art. He discussed Tiwanaku iconography in the snuffing paraphernalia of the South Central Andes. Peter de Smet talked about the use of psychoactive agents in traditional African cultures and the occurrence of these agents in the art of European countries, and Claudia Müller-Ebeling continued on this theme with a presentation entitled: "Mandragora in European Art."

Alex Grey concluded the day with a comprehensive slide documentary of his

career as an artist. He covered the time period when he worked in a morgue and developed his fascination with the anatomy of the human body. He also explored the controversial themes of some of his earlier performance art and talked about how his practice of Buddhism and his psychedelic experiences have been a source of creative inspiration. Grey gave us a sneak preview of works of art which will be in his upcoming new book, a follow-up to the 1990 book *Sacred Mirrors*.

#### **At the Milky Way**

That night, in the true spirit of psychedelican revelry, conference goers and presenters alike experimented with inspired forms of socializing, flirting, and dancing at a "Time Machine Party" at The Melkweg (Milky Way), a seven room party environment in the heart of Amsterdam. Despite his 92 years, Albert Hofmann impressed everyone with his skills on the dance floor. He was last spotted around 3:00 a.m. still going at it with an energetic young partner less than a third his age. The dancing went on till dawn and many new friendships were forged.

The final session of the conference began Sunday morning at the benign hour of 11:00 a.m., still it came a little too early for some of us who had thrown caution to the wind the night before. Sasha began the day with a typically enthusiastic account of his own adventures in chemical discovery. He was followed by Hans Plomp and Arno Adelaars who concluded the conference with a panel discussion on psychedelic rituals in the Netherlands.

#### **Year 2000 Event Announced**

After the three organizers of this year's conference bade us farewell, Jonathan Ott announced the location of the year 2000 event: Vancouver, British Columbia. Since the first biennial event in this tradition, in San Lui Potosi, Mexico in 1992, the planning has been successively passed to different groups of independent organizers. Ott and Rob Montgomery will convene the 2000 conference, building on their experience with Entheobotany in 1996. Plan now not to miss one of the first psychedelic conferences of the new millenium. •

The next event  
of this kind will be in  
Vancouver, British Columbia  
in the year 2000.  
Plan now not to miss  
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Tapes from Psychoactivity can be purchased from the  
Conscious Dreams website at [www.consciousdreams.com](http://www.consciousdreams.com).

## MAPS Annual Report: Fiscal Year 1997 – 98

Rick Doblin  
MAPS President

Fiscal Year June 1, 1997 — May 31, 1998 (FY 97-98) was a strong year for MAPS with a combination of important accomplishments and, not unexpectedly, some difficult struggles and set-backs. Financially, MAPS' budget grew 15% from FY 96-97, permitting it to support a wide variety of projects. Income was substantial but was less than half of what it was in FY 96-97, when MAPS received an extraordinary one-time donation of \$329,000 from the estate of Eric Bass. After subtracting the value of Eric Bass' donation from FY 96-97 income, income from FY 97-98 was almost exactly the same as in FY 96-97. Eric Bass' generosity has greatly expanded the capabilities of MAPS as an organization and will enable MAPS to be a catalyst of psychedelic and marijuana research for years to come. MAPS membership has also continued to grow gradually. The increased workload from projects and membership required the addition of a third full-time staff member, Carla Higdon, who had previously been working part-time. MAPS is quite fortunate to have someone of Carla's skills and dedication join the organization.

As in previous years, MAPS' statement of income and expenses is published in the *Bulletin* with a detailed explanation of individual items. In this way, MAPS members can review exactly how their donations were allocated and what expenses were incurred. This report is an invitation for dialogue; MAPS members are encouraged to review this report and share with the staff any comments, suggestions or questions that they would like to offer. MAPS will continue to flourish only to the extent that the expenditures it makes correspond closely to the priorities of its members. As a result, we publish this detailed accounting and seek your input.

### **Marijuana Research Overview**

MAPS' major accomplishment in FY 97-98 was the initiation, finally, of Dr. Donald Abrams' historic research project exploring the use of smoked marijuana, oral THC capsules, and placebo in AIDS patients. Getting this study underway took almost six years of work beginning in July 1992, when the initial communication occurred between MAPS and Dr. Abrams,

and ending in May 1998, when the first subject was treated in the UC San Francisco Hospital AIDS ward. Considering the fact that this is the first study of the medical use of marijuana in a patient population in fifteen years, six years of struggle to obtain permission isn't all that long. The project will take two years to complete. It is being funded by a \$978,000 grant from the National Institute on Drug Abuse. MAPS thus leveraged total expenditures of \$10,000—and substantial amounts of staff time—to support Dr. Abrams' protocol design and approval efforts, into a roughly \$1 million government grant. Dr. Abrams has published an article about the struggle to obtain permission for his study. [Abrams D (1998), Medical Marijuana- Tribulations and Trials. *J. of Psychoac. Drugs.* 30 (2):1 pp 63-170.]

NIDA is also contributing a small amount of its supply of FDA-approved marijuana. NIDA remains the sole monopolistic supplier of marijuana approved by the FDA for human clinical research. NIDA takes advantage of its monopoly position to

impose exceedingly difficult hurdles for any additional research projects. NIDA explicitly rejects FDA-approved studies unless they have also been approved by the National Institutes of Health (NIH), thus hindering privately funded and state funded projects from being conducted.

In a frustrating counterpoint to Dr. Abrams' approved study, the MAPS-supported NIH grant request submitted by Dr. Ethan Russo, U. of Montana for a proposed study of smoked marijuana in the treatment of migraine patients, has been rejected a second time. As far as we know, Dr. Russo is the only physician currently seeking NIH approval for a study of the medical use of smoked marijuana in a patient population.

In non-clinical medical marijuana research, MAPS and California NORML began a study of the potency of marijuana used in medical marijuana dispensaries (Buyers' Clubs and Co-ops) around the country. MAPS also provided a small amount of support to Valerie Corral for a study of the medical marijuana patients she assists through the Women's Alliance for Medical Marijuana. In addition, MAPS supported data analysis on the respondents to the Cannabis Patient Registry.

#### **Psychedelic Research**

MAPS continues to support Charles Grob, M.D. and Russell Poland, Ph.D.'s efforts to obtain FDA permission for the first protocol seeking to study the use of MDMA in a patient population. The third draft of this protocol is currently being reviewed by the FDA. We are hopeful, though not yet certain, that it will eventually be approved. The current design focuses on studying basic safety parameters in breast cancer patients in a dose-response protocol design. MAPS has previously obtained a grant of \$58,000 for this study, contingent upon approval by all regulatory agencies.

MAPS has also initiated efforts to catalyze a study of the use of MDMA in the treatment of post-traumatic stress disorder (PTSD), to take place under the direction of Dr. Moshe Kotler, Ben-Gurion University of the Negev. A donation of \$12,500 for protocol design work was made directly to Ben-Gurion University by supporters of MAPS (my parents!). This donation took place shortly after the close of FY 97-98.

MAPS supported the second year of Dr. Evgeny Krupitsky's three-year study into the use of ketamine in the treatment of heroin addiction, the first such study ever conducted. MAPS also supported the 40-year follow-up to Dr. Janiger's pioneering LSD research, the longest follow-up study ever conducted into the use of a psychedelic drug. MAPS lent assistance to Benny Shanon, Ph.D. in his study of the cognitive effects of ayahuasca, and to Marcus Lumby for his study of the relationship between ayahuasca experiences and near-death experiences. MAPS supported the development of protocols by Drs. Yensen and Dryer for their proposed LSD research in cancer patients, and by John McClusky for his proposed research into the use of peyote for the treatment of alcoholism and drug addiction. MAPS made a small grant to Roger Marsden for work on his Ph.D. dissertation documenting psychological changes in a group of long-term participants in a psychedelic therapy group.

#### **Educational Projects**

In the area of education, MAPS published its first book, *The Secret Chief: Conversations with a Pioneer of the Underground Psychedelic Therapy Movement*, by Myron Stolaroff. The *MAPS Bulletin* continued to be both an aesthetic and informational success, with an excellent group of authors. MAPS supported the educational efforts of Chris Conrad and Mikki Norris, who completed two books with support from MAPS. MAPS also helped support efforts to publicize a study by Joel Brown, Ph.D. on drug abuse prevention efforts in adolescents. The collaborative MAPS, Heffter Research Institute (HRI) and Albert Hofmann Foundation project of an on-line psychedelic bibliography continued to be developed. The goal of posting on-line the complete collection of papers gathered by Sandoz Pharmaceuticals on psilocybin and LSD is now within sight. MAPS paid for the Swiss psychedelic researchers Franz Vollenweider, M.D. and Alex Gamma, Ph.D. candidate, to attend a scientific conference on the study of consciousness. Dr. Vollenweider was one of only two presenters at the conference to speak about psychedelic research as a tool for the understanding of consciousness. MAPS also made a contribution toward the expenses of a major, invitational conference gathering together pioneers of psychedelic research for reflections on the import and consequence of their own use of psychedelics on their personal emotional and spiritual development.

The major organizational disappointment of the year was the very low response to a direct mail membership drive that MAPS and HRI jointly conducted. This will be discussed in more detail below.

#### **Financial Resources**

MAPS' expenditures in FY 97-98 amounted to \$288,548. This compares to expenditures of \$255,746 in FY 96-97, \$185,797 in FY 95-96, and \$133,153 in FY 94-95.

MAPS' income in FY 97-98 was \$227,637. This compares to the astonishing amount of income in FY 96-97 of \$558,683, to \$200,182 in FY 95-96 and \$107,184 in FY



**MAPS Expenses: FY 97-98**

		Research	Education	Staff	Office
MDMA—UCLA / Phase 2		5,500			
MDMA—Israel / PTSD		130			
LSD—Cancer patients		850			
Ayahuasca and NDE		1,000			
Ketamine—Addiction		9,226			
Group Therapy Study		1,000			
Peyote—Alcoholism		2,700			
Ayahuasca—Psychology		3,550			
LSD—Janiger Follow-up		24,863			
Marijuana—WAMM Survey		500			
Marijuana—Migraine		2,500			
Marijuana —Analysis		1,500			
Marijuana Research (other)		431			
Cannabis Patient Registry		458			
Tucson III Conference			2,217		
Drug Education Research			1,000		
Conrad/Norris books			26,000		
The Secret Chief			6,747		
Secret Chief Marketing			3,812		
Psychedelic Bibliography			2,324		
MAPS Online Forum			1,950		
Gathering of Elders			5,642		
Development—MAPS/HRI			26,802		
Postage			8,987		
Bulletin			20,335		
Copies			3,938		
Phones			4,824		
Internet			2,768		
Books and Tapes			2,444		
Information			185		
Staff travel				9,541	
Conference fees				2,285	
Professional services				1,600	
Salary, benefits & taxes				86,796	
Office supplies					1,988
Office rent					6,575
Computer equipment					3,927
Office equipment					1,161
Fees—bank, etc.					479
<b>Totals</b>		<b>\$54,209</b>	<b>\$119,982</b>	<b>\$100,224</b>	<b>\$14,132</b>
		Research	Education	Staff	Office
FY 97-98	\$288,548	54,209	119,982	100,224	14,132
FY 96-97	\$255,746	90,660	77,914	73,629	13,541
FY95-96	\$185,797	84,169	46,144	48,490	6,993

**FY 97-98 Balance**

Income* \$227,637	Net Assets May 31, 1998** \$333,440
Expenditures \$288,548	Net Assets May 31, 1997** \$370,494

\* Income does not include in-kind donations: graphic design, internet technical assistance and web site hosting, office volunteer work.

\*\* Net assets reflects valuation of MAPS' investment portfolio at year end, in addition to differences between income and expenses.

MAPS' financial picture in FY 97-98 remains strong. While net worth declined, it is important to realize that MAPS is not a profit-making company with the goal of increasing net worth. Rather, MAPS is a non-profit organization with the goal of using its resources strategically to advance its chartered mission.

94-95. The decrease in income in FY 97-98 as compared to FY 96-97 was due to the receipt in FY 96-97 of the final disbursement of Eric Bass' estate, in the amount of \$329,583. The increase in income in FY 95-96 as compared to FY 94-95 was also largely due to preliminary disbursements from the estate of Eric Bass, in the amount to \$63,203.

MAPS has yet to call on a pledge of \$58,000 from the Barnhart Foundation for Dr. Charles Grob's proposed research project evaluating the safety of the use of MDMA in breast cancer patients. This grant will be allocated only after all the required regulatory approvals have been obtained, hopefully by the spring of 1999.

At the close of FY 97-98, MAPS had assets of \$333,440. In addition, MAPS owned computer and office equipment worth \$5,000. In FY 96-97, MAPS had assets of \$370,494 plus computer equipment valued at \$5,000. This compares to assets at the end of FY 95-96 of \$67,367 plus computer equipment worth \$2,000, and assets of \$29,981 at the end of FY 94-95 plus computer equipment worth \$1,500.

MAPS' financial picture in FY 97-98 remains strong. While net worth declined, it is important to realize that MAPS is not a profit-making company with the goal of increasing net worth. Rather, MAPS is a non-profit organization with the goal of using its resources strategically to advance its chartered mission. As a result, MAPS will spend its resources when opportunities present themselves. Compared to the costs of clinical trials into the risks and benefits of psychedelic drugs and marijuana, MAPS resources are insufficient. As a result, we focus on supporting pilot studies that, if promising results are generated, can be used to generate larger donations for full-scale trials. In other words, MAPS provides initial risk capital for projects in the early stages of development. Some of these projects will succeed in producing promising results and some will not, as is the case for all research projects. The key to maximizing the value of the donations MAPS receives from members is for MAPS to make sure that valuable lessons are gathered from the projects that do not succeed, and to work as hard as possible to secure additional support for projects that do warrant continued investigation. In the effort to

support larger scale trials, MAPS will continue to develop a working relationship with the Heffter Research Institute, which is also committed to supporting scientifically rigorous research projects. MAPS will also reach out to larger, more established foundations and government funding sources when opportunities for possible support seem within the realm of possibility, however slight. MAPS can itself fund major clinical trials only if it receives donations on a scale which it has yet to obtain.

#### **Detailed Income Report**

MAPS' income in FY 97-98 was \$227,637. Of this amount, \$36,000 came from Foundation grants (Zimmer Foundation — \$26,000; Heffter Research Institute — \$7,000, Albert Hofmann Foundation — \$3,000), \$17,523 came from investment income (dividends, interest and realized capital gains) and \$174,114 came from donations. Donations from the 12 individual donors who contributed \$1,000 or more amounted to \$65,971. MAPS' 1600 other members contributed a total of \$108,143 for an average donation of \$68, as compared to an average donation of \$60 in FY 96-97.

Of the largest donations of \$1,000 or more, Tim Butcher gave \$24,310, distributed to Evgeny Krupitsky's ketamine research project, the Janiger follow-up study, the Elders Gathering, the Tucson III Conference, and John McClusky's peyote protocol development. Robert Barnhart donated \$12,500 for the Israeli MDMA/PTSD study. John Gilmore gave \$10,000 in unrestricted funds, while Andrew Stone donated \$4861, also in unrestricted funds. Ami Shinitzky donated \$3,000, \$2,000 for MDMA research and the remainder unrestricted.

The funds from the Zimmer Family Foundation (\$26,000) were for the writing projects of Chris Conrad and Mikki Norris. The funds from the Heffter Research Institute were for the joint direct mail campaign (\$5,000) and the Sandoz bibliography project (\$2,000). The \$3,000 from the Albert Hofmann Foundation was for the follow-up study to Dr. Oscar Janiger's pioneering LSD research.

From an organizational development standpoint, the donations of less than \$1,000 from MAPS' approximately 1600 members form the core recurring resource. In FY 97-98, these donations amounted to a total of \$108,143 for an average donation of \$68. In FY 96-97, these donations amounted to \$82,871 from 1400 members, for an average of \$60 each. In FY 95-96, MAPS received \$57,127 in donations of less than \$1,000 from its 1000 members, with an average of \$57 per member.

In order to increase the stability of MAPS as an organization, it is necessary to increase the number of members who contribute regular membership donations. MAPS added 200 members in this last fiscal year. In FY 97-98, MAPS embarked upon a combined membership/fundraising drive in association with HRI, in hopes of increasing membership by an additional 500-1000 members. This effort was disappointing, generating only 165 members. MAPS has revised its direct mail brochure and is moving

forward in FY 98-99 with an independent direct mail campaign. The failure of the initial direct mail campaign suggests once again the value of word of mouth as a tool for organizational development, and leads me to urge any MAPS readers who are reviewing this document in detail to consider mentioning MAPS to a friend or two.

#### **Detailed Expenditure Report**

Total expenditures for FY 97-98 amounted to \$288,548. This compares to expenditures of \$255,746 in FY 96-97, \$185,797 in FY 95-96, and \$133,153 in FY 94-95. The expenditures have been divided into four categories; research, education, staff and office. In FY 97-98, MAPS allocated \$54,209 to research, \$119,982 to education, \$100,224 to staff and \$14,132 to office.

By way of comparison, MAPS allocated \$90,660 to research in FY 96-97, \$84,169 in FY 95-96, and \$48,680 in FY 94-95. MAPS allocated \$77,914 to education in FY 96-97, \$46,144 in FY 95-96, and \$35,212 in FY 94-95. MAPS allocated \$73,629 to staff in FY 96-97, \$48,490 in FY 95-96, and \$42,199 in FY 94-95. MAPS allocated \$13,541 to office in FY 96-97, \$6,993 in FY 95-96, and \$7,060 in FY 94-95.

#### **Research Projects**

Funding research with psychedelics and marijuana is the top priority for MAPS. The rationale for this priority is that research is the most accepted and direct route towards the creation of legal contexts for the medical, therapeutic use of these drugs.

In FY 97-98, MAPS spent \$54,209 on research. The bulk of this money, \$24,863, went to the Janiger LSD research follow-up study. The primary reason that this project received more donations than any other research project was that we were actually able to conduct this study rather than just seek to obtain permission to do so. The project was based on interviews and did not involve the administration of a controlled substance. As a result, this study could be conducted without first obtaining approval from government regulatory agencies. The one project MAPS funded that involved active administration of a psychedelic to patients is Dr. Krupitsky's study of the use of ketamine in the treatment of heroin addiction, conducted in St. Petersburg,

Russia. MAPS donated \$9,226 to this project, while the Heffter Research Institute donated an additional \$5,000. Due to the almost total collapse of the Russian economy, it is possible to conduct a large-scale clinical trial with over 60 subjects for relatively modest sums.

MAPS other research projects that will eventually require larger sums of money have not yet been approved. MAPS donated a total of \$20,120 to protocol development expenses for projects involving MDMA, LSD, and peyote, and supported two small interview studies involving ayahuasca and one small interview study involving multiple psychedelics.

#### **MDMA Cancer Patient Study**

Charles Grob, M.D. and Russell Poland, Ph.D., Harbor-UCLA Medical Center, are the co-principle investigators for a proposed dose-response safety study into the use of MDMA in the treatment of psychological distress in breast cancer patients. MAPS donated \$5,500 to Dr. Russell Poland, Harbor-UCLA Medical Center, for his work in the protocol development and approval process. MAPS has also obtained a pledge of \$58,000 for this study from the Barnhart Foundation, contingent upon obtaining all the necessary approvals.

Drs. Grob and Poland and the FDA have been engaged for almost a year in an informal protocol review process. The protocol will soon go into its fourth draft. The major changes to it so far have been to re-focus the study primarily toward safety issues rather than both safety and efficacy, to work with patients who are not in the end-stages of their disease but are in earlier stages (thereby reducing issues related to the simultaneous administration of narcotic pain control drugs), to use a homogenous patient population of only breast cancer patients, and to increase the number of subjects at each dose level.

A time-frame for completion of the protocol approval process is difficult to estimate. In addition to the FDA, the protocol must be approved by Harbor-UCLA Medical Center's Institutional Review Board (IRB) and the California Research Advisory Panel, which must approve all research with Schedule 1 drugs in California. Hopefully, it will be possible to begin this study before the beginning of the new millennium.

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#### **MDMA/PTSD Study—Israel**

In FY 97-98, MAPS began the process of trying to catalyze an MDMA/PTSD study in Israel, in association with Dr. Moshe Kotler, Chairman of the Department of Psychiatry, Beersheva Mental Health Center, Ben-Gurion University of the Negev. MAPS has always adopted an international strategy seeking to catalyze research in a variety of countries. Though the regulatory environment in the United States has been opening up since 1990, it is always possible that political developments could cause a retreat in the willingness of the FDA to approve human clinical research into the benefits of psychedelic drugs. A diversified international portfolio of projects should help to protect this field of research from sudden political shifts in any one country. Conducting research in several countries also makes it easier for regulators in any one country to approve of research projects, knowing that their actions are supported by regulators in other countries. Furthermore, conducting research in multiple countries permits international collaborative efforts that bring to bear the expertise of a wider range of talents on issues of research design, therapeutic technique, and measurement instruments.

MAPS incurred minimal expenses of only \$130 in FY 97-98 in the effort to initiate MDMA research in Israel. I visited with Dr. Kotler during a visit to my relatives in Israel and only needed reimbursement for one night of lodging and transportation to and from Beersheva. As a result of this meeting, Kotler and MAPS signed an agreement for a \$50,000 pilot study into the use of MDMA in the treatment of PTSD. The agreement calls for \$25,000 in expenses related to the protocol design and approval process, and another \$25,000 in expenses for the study itself, if approved. A donation to cover the initial protocol design process of \$12,500 has already been made, though in FY 98-99, by MAPS members (my supportive parents) who routed the donation directly to Ben-Gurion University.

Dr. Kotler is also involved in an effort to study the use of ibogaine in the treatment of addiction. Dr. Kotler's first protocol was placed on hold by the Israeli Health authorities, who expressed concern about

safety-related issues. In an effort to facilitate ibogaine research and also to assist Dr. Kotler to create a precedent in Israel supportive of psychedelic research, MAPS helped arrange a data-sharing agreement between Bob Sisko of Humatech Ltd., the sponsor of Dr. Kotler's ibogaine study, and Deborah Mash, Ph.D., U. of Miami, a recipient of a previous donation of \$25,000 from MAPS for her Phase I ibogaine safety study. Dr. Mash went to Israel in September 1998 to present her preclinical and clinical data to the Israeli Health authorities, data which convincingly demonstrates that ibogaine can be safely administered within a controlled medical research environment. By all accounts, Dr. Mash's presentation was well received and may mark the turning point in Dr. Kotler and Bob Sisko's efforts to start ibogaine research in Israel.

In FY 98-99, MAPS paid for Dr. Kotler and his research associate, Dr. Darnell—as well as Drs. Grob and Greer—to attend a December 1998 conference in London on the risks of MDMA.

#### **Ketamine Heroin Addiction Study—Russia**

In FY 97-98, MAPS donated \$9,226 to Dr. Evgeny Krupitsky for the second year of a three-year study of the use of ketamine-assisted psychotherapy in the treatment of heroin addiction. MAPS has committed an additional \$8,000 per year for the third and final year of the study. The study is taking place in Russia at the Leningrad Regional Center for the Treatment of Addiction. MAPS also assisted Dr. Krupitsky in the protocol design process. The study has entered full-scale implementation and 68 subjects have been treated to date. In September 1997, HRI pledged \$5,000 a year for three years to Dr. Krupitsky for this study, to be used primarily for expenses involved in a more extensive and prolonged follow-up of the subjects than originally proposed. The gathering of this additional data will help generate information on treatment outcome that goes beyond the normal time frame collected in drug abuse treatment research of six months post-treatment. The joint sponsorship of Dr. Krupitsky's study by HRI and MAPS is an example of the increasingly collaborative nature of the relationship between these two organizations, both of which are working to support psychedelic research.

#### **Orenda Institute LSD Research**

Richard Yensen, Ph.D. and Donna Dryer, M.D., have been working for many years to obtain FDA permission to administer LSD to humans within a therapeutic context. Drs. Yensen and Dryer are now engaged in the process of redesigning a protocol for the use of LSD in the treatment of cancer patients. MAPS donated \$850 in FY 97-98 to Drs. Yensen and Dryer to enable them to participate in a national conference on psychological approaches to the treatment of cancer. MAPS has pledged an additional \$9,150 in direct expenses once the study is finally approved. These \$10,000 were raised through sales of the limited signed edition of 100 copies of *The Secret Chief*, signed by Myron Stolaroff, Albert Hofmann, Ann Shulgin, Stan Grof, and Sasha Shulgin. At the time of this writing,

only 30 copies of the limited edition are still available, at \$250 each. Proceeds from the sale of the signed edition are earmarked for psychedelic psychotherapy research.

#### **Peyote Alcoholism Study—Arizona**

John McClusky, as part of his dissertation at Arizona State University, is seeking to conduct a study of the use of peyote for the treatment of alcoholism in the context of Native American Church services. MAPS donated \$2,000 towards John McClusky's protocol design process. This project is still in the early development stage. A neuropsychological study with members of the Native American Church is being conducted by Dr. John Halpern, Harvard Medical School, a colleague of McClusky. Dr. Halpern's study is being funded by HRI, NIDA and Harvard Medical School.

#### **Ayahuasca—Cognitive Psychology**

MAPS disbursed \$3,550 in FY 97-98 to complete payment on its pledge or \$5,000 to Prof. Benny Shanon, Hebrew University, Jerusalem, for the writing of a paper for publication analyzing the effect of ayahuasca on cognitive processing. Prof. Shanon is a tenured professor in the Psychology Department at Hebrew University with many publications in the field of cognitive psychology. Prof. Shanon analyzed the reports he gathered from 30 subjects describing their own experiences with ayahuasca as well as his own self-reports from 75 experiences he had with ayahuasca in Peru and Brazil over the last several years. A preliminary report on his findings appeared in the Summer 1997 *MAPS Bulletin*, Vol VII(3), pp. 13-15.

The funding from MAPS has been used by Prof. Shanon to support the work of research assistants to categorize and analyze his data, to purchase books and journals on ayahuasca, psychedelic research, transpersonal psychology and altered states of consciousness for the Hebrew University library, and for a computer for his office.

#### **Janiger LSD Research Follow-Up**

MAPS spent \$24,863 in FY 97-98 for an important follow-up study to early LSD research that was conducted from 1954-1962 by Dr. Oscar Janiger. The follow-up interviews were conducted by Kate Chapman, who, along with the assistance of a private detective, helped to locate and interview over 40 of the original subjects.

The interviews have been transcribed by Maureen Alioto, a professional transcriber and researcher with experience in qualitative research involving issues related to drug use. A detailed report on the findings of this study will be the feature article in the next *MAPS Bulletin*.

Dr. Janiger's original research was a naturalistic study of the effects of LSD in healthy volunteers. People like Cary Grant, Anaïs Nin and Jack Nicholson, as well as many artists, doctors, housewives, etc., were subjects. At least 800 people were administered LSD in an attempt to determine its acute effects as people described them. Dr. Janiger's files contain session reports from one third of these subjects as well as information about all the subjects' names, birth dates, occupation, religion and race.

A popular article about Janiger's original research and MAPS' follow-up study appeared in the *LA Weekly* (at [www.laweekly.com](http://www.laweekly.com), check back issues for July 3, 1998), and was reprinted in alternative papers in at least five cities around the country. An edited version of the article appeared in the December 1998 issue of *Utne Reader*, which has a subscription base of 181,000.

#### **Marijuana Migraine Study**

MAPS donated \$2,500 in FY 97-98 to Dr. Ethan Russo, U. of Montana, to support the efforts and expenses required of him and his associates to prepare their second NIH grant application for funding and a legal supply of marijuana for their proposed experiment into the use of smoked marijuana and oral THC capsules in the treatment of people suffering from migraine headaches. MAPS donated \$3,500 in FY 96-97 for Dr. Russo's initial NIH application, which was rejected. Details of the protocol and NIH reviews are available on the MAPS web site at [www.maps.org/mmj](http://www.maps.org/mmj).

Unfortunately, Dr. Russo's second grant application was also rejected. NIH rules permit a researcher to submit a study protocol a maximum of three times. Dr. Russo and MAPS are now discussing the merits of a third and final attempt to secure permission for this study. Dr. Russo did succeed in publishing an important article about the use of marijuana in the treatment of migraine in the journal, *Pain*. [Russo E (1998), Cannabis for migraine treatment: the once and future prescription?, *Pain*, Vol

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76, pp 3-8.] As far as we know, no other researcher in the U.S. has requested NIH permission to administer smoked marijuana to a patient population. It is possible that there are indeed other such hopeful researchers, willing to undertake the difficult struggle to obtain permission for their research, but we have not yet been in contact with them if they do exist.

#### **Cannabis Patient Registry**

MAPS allocated \$458 in FY 97-98 to the Cannabis Patient Registry, a project conceived and directed by Sylvia Thyssen of MAPS. This money supported a final data analysis of the respondents to the Registry.

#### **WAMM Medical Marijuana Survey**

MAPS donated \$500 to support Valerie Corral's efforts to analyze survey data she gathered via the Women's Alliance for Medical Marijuana in Santa Cruz, California. She gathered information about symptoms both before and after patients self-administered marijuana. The purpose of this survey was to quantify anecdotal accounts of patient benefit. An article about this project will be included in an upcoming *Bulletin*.

#### **Marijuana Analysis Project**

MAPS and California NORML co-sponsored a study into the potency of various samples of marijuana sold at medical marijuana dispensaries around the country. The data support the contention that the potency and quality of the marijuana supplied by NIDA to FDA-approved research protocols is significantly inferior to the marijuana preferred by patients. A detailed discussion of the results of this study will be published in an upcoming issue of the *Bulletin*. MAPS donated \$1500 to this study.

#### **Medical Marijuana Research**

MAPS spent \$431 to pay for transportation expenses involved in bringing Joanna McKee, medical marijuana patient, advocate and founder of Seattle's Green Gross Buyers Club, to Washington, D.C. in February 1998, for a meeting of the Institute of Medicine (IOM) focused on the medical use of marijuana. Joanna's presence at the meeting was valuable since she was able to put a human face on the medical marijuana issue. The IOM study was funded by Gen. Barry McCaffrey, Director of the Office of National Drug Control Policy (aka the Drug Czar's office). On the

one hand, the use of \$1 million of taxpayer money to support yet another review of the scientific literature seems of questionable value, especially since scientific research has been politically blocked. However, the IOM has a reputation for fairness and a report suggesting that the medical use of marijuana deserves to be explored scientifically could provide important political cover for the Clinton Administration, if it decides to prioritize free scientific inquiry over political expediency. The success of state medical marijuana initiatives in Alaska, Arizona, Nevada, Oregon and Washington should also help catalyze the removal of political blocks to medical marijuana research.

#### **Ayahuasca and NDEs Project**

MAPS donated \$1,000 to Marcus Lumby for expenses related to travel to Peru for research on his dissertation about exploring the linkages between ayahuasca experiences and near-death experiences. An article about this project appeared in the previous *MAPS Bulletin* [Autumn 1998, Vol VIII (3), p. 16]. This donation is part of MAPS' effort to support a new generation of researchers. Though the donation was small, MAPS hopes to be of some assistance to future researchers even when their proposed studies are not controlled clinical trials that could be used to argue for expanded legal access to psychedelics.

#### **Study of Group Psychedelic Psychotherapy**

MAPS also donated \$1,000 to Roger Marsden for his qualitative interview study of participants in a long-running psychedelic psychotherapy group. This study forms part of Roger Marsden's dissertation. A report on his findings will appear in a future issue of the *MAPS Bulletin*. The subjects in this experiment participated in contexts that are similar to those described in *The Secret Chief*. Marsden received an additional grant of \$6,000 from the Barnhart Foundation.

#### **Education**

MAPS allocated \$119,982 to educational efforts in FY 97-98. By comparison, MAPS allocated \$77,914 to education in FY 96-97, \$46,144 in FY 95-96, and \$35,212 in FY 94-95.

In FY 97-98, educational projects represented the largest category of expenditure. This is due in part to the lengthy process of securing permission for clinical research. It is also due to our growing recognition that MAPS' educational functions are an important adjunct to research, and that permission for research depends upon public support. The educational functions of MAPS thus act as a necessary component of a complete strategy that recognizes the need for the dissemination of accurate information in support of clinical research.

The educational component of MAPS' activity includes the printing and mailing of the *MAPS Bulletin*, printing and marketing of *The Secret Chief*, copies, phones, internet connection, postage, advertisements, books and tapes, membership drive, advertisements, subscriptions, and several educational projects. These projects include the writing of books on the health aspects of marijuana and on

the human side of the Drug War, an electronic bibliography of scientific papers on psychedelics for the MAPS web site, a workshop on psychedelic research at the Tucson III Conference, a Psychedelic Elders Gathering, and efforts to publicize the findings of a study on adolescent drug abuse prevention efforts.

#### **MAPS Bulletin**

The *MAPS Bulletin* is the major educational project of MAPS. MAPS spent \$20,335 on printing the *Bulletin* and the envelopes used to mail it. The mailing of the *Bulletin* also consumed a substantial fraction of the \$8,987 spent on postage. The *Bulletin* continues to take a great deal of staff time as well as the donated time and talent of a graphic designer who inspires us with his eye for elegance and his gracious spirit. The quality of the *Bulletin* continues to develop. We feel comfortable with our current pattern alternating a longer, color cover issue, sent to members as well as newsstands around the country, with a shorter plain paper cover sent just to members. We would appreciate feedback from members as to their thoughts on this pattern for the *Bulletin*.

#### **The Secret Chief**

MAPS spent \$6,747 in FY 97-98 printing 4000 paperback copies of *The Secret Chief* and 200 hardcover copies, 100 of which were bound into the special, limited edition of 100 signed copies. MAPS also spent \$3,812.80 promoting the book. The promotion budget was relatively small and has been added to somewhat in FY 98-99. MAPS staff member Carla Higdon worked on the promotional efforts, organized events in both New York City and Seattle, and saw to it that the book was reviewed or mentioned in a number of publications. We are proud to say that the reviews were all positive. Sales of the signed edition have raised \$10,000 for LSD research and several additional thousands of dollars for other psychedelic psychotherapy research. This project took more staff time than expected, with the promotional efforts being more difficult than expected. Fortunately, the content of the book was worth the effort, and working with Myron Stolaroff was a pleasure. If you haven't already purchased a copy, you can do so through the MAPS website, by calling the MAPS office or by ordering through

your local book store. As of October 1998, the income from the book has covered the expenses.

#### **Conrad/Norris Book Projects**

MAPS donated \$26,000 to Chris Conrad and Mikki Norris for their work in researching and writing *Hemp for Health: The Facts on Medical Marijuana* (by Conrad), on the medical use of marijuana and *Shattered Lives: Portraits From America's Drug War* (by Norris, Conrad and Virginia Resner). MAPS received a restricted grant of \$26,000 from the Zimmer Family Foundation for these projects. These books can be ordered through a local bookstore.

#### **MAPS Moderated Electronic Forum**

MAPS spent a total of \$1,950 on the Forum in FY 97-98. MAPS' free on-line discussion group (send e-mail to majordomo@maps.org with "subscribe maps-forum Your Name youremailaddress" in the message field) is moderated by Jon Frederick, a neurosciences Ph.D. candidate at the U. of Tennessee in Knoxville. Jon has done an excellent job and has built participation to 1,085 people. Jon earns a token \$250 a month for his services, and MAPS pays for his internet connection. The Forum is an excellent method for MAPS to communicate with both the members and non-members who are its participants. MAPS continues to believe that it is best to give out on-line information at no cost to the user. We hope that many members and potential members will benefit from this and that as a result more people will learn about MAPS and more will become members to help cover the costs of this service.

#### **MAPS Website—www.maps.org**

MAPS spent \$2,768 on all internet functions including connection fees for staff and access costs of the MAPS Forum and web site, including a secure server and credit card processing software. The MAPS website has been an important educational tool and a source of contacts from new members, major funders and researchers. It has had over 58,000 hits in the past year. The site is supervised and modified by Sylvia Thyssen with administrative assistance from Eric Katt and Nolan Sanders. It is undergoing remodeling in FY 98-99.

#### **Psychedelic Bibliography Project**

The on-line psychedelic bibliography is a shared project between MAPS, HRI and the Albert Hofmann Foundation. A total of

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\$2,324 has been spent in FY 97-98 on the project, the goal of which is to put into electronic form the Sandoz bibliography of all scientific papers published about LSD and psilocybin from their initial synthesis up to 1980, when Sandoz stopped collecting research papers. About \$10,000 remains to be spent in FY 98-99. When this project is complete, the on-line psychedelic bibliography will be a powerful tool for students and researchers. The primary person currently working on this project is Kate Chapman. She is in the process of transferring reference information and abstracts from thousands of papers into the format required by the data base search engine. Kate is also categorizing each paper into 20 categories, some originally established by Sandoz but only applied to 540 of the papers and others that are new. This categorization will permit electronic searching of the data base by category as well as keyword.

In a related project just beginning at the end 1998 (FY 98-99), Matt Baggott will gather, post in the searchable data base, and comment on all new papers about the use of psychedelics in humans that are published in scientific journals, along with results of the most important animal studies. In addition, he will also report on clinical studies with marijuana. When time permits, he will also start working backwards to post all the papers published between the start of his project and the last papers included in the Sandoz collection.

#### **Tucson III Conference**

MAPS sponsored the expenses of Dr. Franz Vollenweider and Alex Gamma, Ph.D. candidate, both of the U. of Zürich, Switzerland, incurred in travelling to the Tucson III Conference: *Towards a Science of Consciousness*. Dr. Vollenweider was able to present the results of his research using PET scans to determine which areas of the brain are most activated by MDMA, psilocybin or ketamine (see *MAPS Bulletin* Vol. VIII No. 1, 1998). By ensuring that there was at least some discussion of the use of psychedelics for the study of consciousness, we hope to plant the seeds for the eventual expansion of the use of psychedelics as research tools, a direction for research separate than the psychotherapeutic use of psychedelics but complimentary to it. When established researchers start to see the scientific value of psychedelic research, the momentum in support of renewed clinical trials will be even stronger.

#### **Gathering of Elders**

MAPS allocated \$5,642.11 to the Gathering of Elders in FY 97-98. MAPS has also spent \$3,000 in FY 98-98 for expenses involved in bringing Albert Hofmann and Juraj and Sonja Styk, Swiss psychiatrists involved with psychedelic research and treatment in Switzerland. One purpose of the gathering was for a group of psychedelic elders to engage in careful reflection about the meaning of their own psychedelic experiences for their personal emotional and spiritual development. Another purpose was to introduce the field of psychedelic therapy and research in the most persuasive way possible, through personal meetings with

the pioneers of psychedelic research, to potential funders of future research protocols who were also be in attendance. It's about time that larger organizations and foundations got involved with supporting psychedelic research. This conference has the potential to bring that about. A book may also emerge from this meeting.

#### **Drug Education Research**

MAPS donated \$1,000 to help publicize research conducted by Joel Brown, Ph.D. into the effectiveness of drug abuse prevention education efforts. Brown's data demonstrated that some drug abuse prevention education efforts, particularly those that rely on exaggerated scare tactics, have a counter-productive effect. Disseminating this research is important for MAPS' long-term goal of creating legal contexts for the beneficial uses of psychedelics. One criticism of such uses is that they would "send the wrong message" that drug use isn't always abuse and that some illegal drugs actually have beneficial uses when used appropriately. Brown's data suggests that the "wrong message" is actually the simplistic statement that illegal drugs are all bad, something that kids learn is exaggerated misinformation and thereupon turn away from all messages, accurate or not. In the long-run, drug abuse prevention messages will need to coexist with messages that are more nuanced and accurate about potential beneficial uses.

#### **Development**

In order for organizational expenses (salaries, *Bulletins*, phone, rent, etc.) to be met by membership fees alone and not also by special donations, MAPS needs to increase its membership to 2,500. The standard methods to build membership are by bulk mail solicitation or advertising. MAPS, in collaboration with HRI, spent \$26,802 on a direct mail campaign that was a dismal failure. Fifty-five thousand letters were sent out to a variety of professional and subscription lists.

The most likely reason for the failure of the direct mail campaign is the controversial nature of psychedelic and medical marijuana research. In addition, the brochure may have been too cerebral and complicated, coming from both MAPS and Heffter. In addition, the brochure didn't emphasize the quality of the *MAPS Bulletin* and other benefits that new members



receive in return for assisting in the development of the field of psychedelic and marijuana research. Finally, we are living in paranoid times and people may be too reluctant to identify themselves as being interested in such a controversial topic. MAPS has sent out a test fund-raising appeal to 10,000 names in FY 97-98 with a revised brochure and cover letter, coming just from MAPS.

Our difficulties in obtaining new members also means that current MAPS members are a rare and unusual group! We need to do our best to ensure that a high proportion of current members decide to renew each year. MAPS also requests that each MAPS member consider asking just one friend to also join MAPS. If you have any comments or suggestions that you would be willing to share with us about any aspect of MAPS, we would deeply appreciate hearing from you.

#### Staff

MAPS allocated \$110,224 to staff in FY 97-98, \$73,629 to staff in FY 96-97, \$48,490 in FY 95-96, and \$42,199 in FY 94-95. Of this amount, \$86,796 went for salaries, taxes and health care benefits, while \$9,541 went for travel, \$2,285 for conference fees and \$1,600 for professional fees for accounting. The primary reason for the increase was the increasing work load for both membership services and for managing an increasing number of projects.

As a result, we increased the staff by hiring Carla Higdon as a third full-time staff member and offered a salary increase to Sylvia. The increase in staff expenses was made possible due to the receipt of the remaining portion of Eric Bass' bequest. In FY 97-98, Rick Doblin's salary remained at \$30,000 a year with no health care benefits, Sylvia Thyssen has received a raise to slightly over \$30,000 a year with health care benefits, and Carla Higdon become a full-time employee at a weekly salary of \$360 with health care benefits. These salaries are under market value for jobs in the private sector with similar responsibilities and required skills. For FY 98-99, salaries remain the same for Rick Doblin and Sylvia Thyssen, while Carla Higdon received a raise to \$440 a week.

#### Office

MAPS allocated \$14,132 to office expenses in FY 97-98, compared to

\$13,541 to office expenditures in FY 96-97, \$6,993 in FY 95-96, and \$7,060 in FY 94-95. Of the total, \$3,927 went for new computer equipment. There was also an increase in rent expenses to \$6,575, from \$5,588 in FY 96-97, as a result of a need for a slightly larger office in a commercial office building.

#### Summary

FY 97-98 was a year of gradual growth in membership and the start of exciting new projects, particularly the initiation of Dr. Abrams' study of the effects of marijuana in AIDS patients, and the opening of an effort to conduct MDMA research in Israel. Dr. Krupitsky's ketamine/heroin addiction study also continued to move forward and generate promising results. It was also a frustrating year since the MDMA/cancer patient study was still not approved by the FDA and MAPS' other medical marijuana project, by Dr. Ethan Russo, was rejected for the second time by the National Institutes of Health. MAPS' workload increased as did its staff. Educational efforts received more attention than ever before, and MAPS published its first book, *The Secret Chief*. Valuable lessons were learned from the failure of the direct mail membership campaign and another effort to increase membership is in process. All told, it was a satisfying year that has laid the groundwork for what we hope will be a new year of dramatic progress.

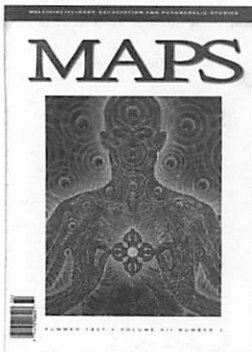
Comments or questions from MAPS members concerning this annual report are invited. In the midst of an ever-escalating drug war, there are nevertheless a slowly increasing number of psychedelic and medical marijuana research projects around the world. As always, MAPS is deeply grateful for the past generosity of its members, and we will do our best to be worthy of your continued support. Only in our ongoing partnership with you can MAPS build in FY 98-99 on the efforts of FY 97-98. •

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Complete Set of Back Issues -  
 \$80 U.S. (\$110\* non-U.S.)

**YES, I would like to renew my support of MAPS and receive the quarterly Bulletin.**

- Basic Member **\$35**
- Supporting Member **\$100**
- Patron **\$250 or more**
- Student/Low-income **\$20**
- Members outside the U.S., please add **\$15** per membership
- Payment is included for the book(s) I have ordered (see below)
- Donation is included for a Gift Membership: \$ \_\_\_\_\_

Name and address of recipient:

NAME \_\_\_\_\_  
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**TOTAL \$ \_\_\_\_\_ enclosed. Donations to MAPS are tax-deductible.**

- Enclosed is my check or money order payable to MAPS
- Please charge my credit card:  Mastercard  Visa

CARD NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_ E-MAIL \_\_\_\_\_

Check here for change of address.

**A V A I L A B L E F R O M M A P S**

1. THE SECRET CHIEF: CONVERSATIONS WITH A PIONEER OF THE UNDERGROUND PSYCHEDELIC THERAPY MOVEMENT, Myron Stolaroff – 144 pp: \$10/\$14\* special price for current & new MAPS members. \$13.95/\$19.95\* for regular non-member orders.
2. THE SECRET CHIEF, hardback (extremely limited supply) – \$25.95/\$28.95\*
3. THE SECRET CHIEF, limited edition hardback signed by Myron Stolaroff, Stanislav Grof, Albert Hofmann, Ann & Alexander Shulgín (35 of 100 remaining) – \$250/\$256\*
4. ECSTASY–DANCE, TRANCE AND TRANSFORMATION, Nicholas Saunders – 281 pp: \$18/\$24\*
5. COMPLETE SET OF MAPS BULLETIN BACK ISSUES: 1988-1998 – 750 pp: \$80/\$110\*
6. THE GOOD FRIDAY EXPERIMENT FOLLOW-UP, *article on psychedelics & experimental mysticism*, Rick Doblin, originally published in Aug. '91 Journal of Transpersonal Psychology: – \$8/\$11\*
7. THE HEFFTER REVIEW OF PSYCHEDELIC RESEARCH – 77 pp: \$12.95/\$15.95\*

\* Indicates price for orders from outside the U.S. Please do not send checks on foreign banks.

## MAPS MEMBERSHIP INFORMATION

MAPS IS A MEMBERSHIP-BASED non-profit research and educational organization. We assist scientists and researchers around the world to design, obtain governmental approval for, fund, conduct and report on research into the healing potential of psychedelic drugs and marijuana.

Our goal is to eventually gain governmental approval for their medical uses. With sound research results, psychedelic psychotherapy and medical marijuana have the potential to help millions of people in alleviating the pain, psychological distress and other symptoms of such illnesses as cancer, AIDS and addiction.

MAPS has disbursed over a quarter of a million dollars to worthy research projects since 1990. Positioned at the center of the conflict between scientific exploration and the politically-driven strategy of the War on Drugs, we are the only membership-supported organization supporting crucial research with psychedelics and marijuana. Join us—your financial support\* is needed to translate hard-won scientific freedom into new data and possibilities.

**Imagination is more important than knowledge.**

—Albert Einstein

If you can even faintly imagine a cultural reintegration of the use of psychedelics and the states of mind they engender, please join MAPS in supporting the expansion of scientific knowledge in this area. Progress is only possible with the support of individuals who care enough to take individual and collective action.

*\*You may direct your tax-deductible donation to a specific research project. Gifts of stocks are welcome, as are trust and estate planning options.*

MAPS was founded in 1986 by Rick Doblin, who is currently in the Ph.D. program in Public Policy at Harvard's Kennedy School of Government and has previously graduated from the Grof's Holotropic Breathwork 3-year training program.

Sylvia Thyssen is responsible for editing the *Bulletin* and oversees MAPS' website and outreach efforts. She is a graduate of the University of North Carolina at Chapel Hill.

Carla Higdon coordinates MAPS member services and the marketing and distribution of the *MAPS Bulletin* and *The Secret Chief*. She is a graduate of Western Carolina University.

### Benefits of Membership

As a (confidential) member of MAPS, you'll receive the quarterly *MAPS Bulletin*. In addition to reporting on the latest research in both the U.S. and abroad, the *Bulletin* includes feature articles, personal accounts, book reviews, and reports on conferences and allied organizations. MAPS members are invited to participate in a vital online listserve and to visit our website, which includes all articles published by MAPS since 1988.

### Basic Members: \$35

*(If outside U.S. add \$15 postage.)*

Basic members will receive the *MAPS Bulletin*, which is published on a quarterly basis.

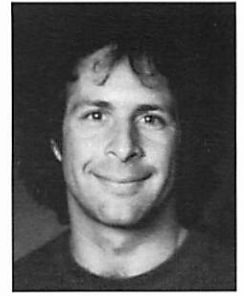
### Supporting Members: \$100

*(If outside U.S. add \$15 postage.)*

Supporting members will receive the *MAPS Bulletin* plus a copy of the MAPS-published book *The Secret Chief: conversations with a pioneer of the underground psychedelic therapy movement*, by Myron Stolaroff.

### Patrons: \$250 or more.

Patrons members will receive the *MAPS Bulletin* plus a copy of *The Secret Chief*, by Myron Stolaroff. Patrons may also request back issues of the *Bulletin*.



Rick Doblin,  
MAPS President



Sylvia Thyssen,  
Networks Coordinator



Carla Higdon,  
Projects Coordinator

Psychedelics, used responsibly and with proper caution, would be  
for psychiatry what the microscope is for biology and medicine  
or the telescope is for astronomy.

— Stan Grof, M.D.  
in *LSD Psychotherapy*, p. 19



In January 1999, we are moving our main office to:

2105 Robinson Avenue  
Sarasota, Florida 34232

Until we have our new number, you can reach  
us by phone at: 888/868-MAPS  
Fax: 704/334-1799

Our website is still:  
[www.maps.org](http://www.maps.org)

And our e-mail is still:  
[info@maps.org](mailto:info@maps.org)

**Featured in the next Bulletin:**

*A Forty Year Qualitative Follow-Up Investigation  
of Subjects in Dr. Janiger's Pioneering LSD Research.*

**Erratum:** The phone and fax numbers of Basic Editions, from whom Samuel Widmer's book is available, was printed incorrectly in the last issue. The correct numbers are — tel: 41-32-396-0675, fax: -0676

ISSN 1080-8981

MAPS (Multidisciplinary Association for Psychedelic Studies) is a membership-based organization working to assist psychedelic researchers around the world design, obtain governmental approval, fund, conduct and report on psychedelic research in humans. Founded in 1986, MAPS is an IRS approved 501 (c)(3) non-profit corporation funded by tax deductible donations. MAPS has previously funded basic scientific research into the safety of MDMA (3,4, methylenedioxymethamphetamine, Ecstasy) and has opened a Drug Master File for MDMA at the U.S. Food and Drug Administration. MAPS is now focused primarily on assisting scientists to conduct human studies to generate essential information about the risks and psychotherapeutic benefits of MDMA, other psychedelics, and marijuana, with the goal of eventually gaining government approval for their medical uses. Interested parties wishing to copy any portion of this newsletter are encouraged to do so and are kindly requested to credit MAPS including name and address. The MAPS newsletter is produced by a small group of dedicated staff and volunteers. Your participation, financial or otherwise, is welcome. © 1998 Multidisciplinary Association for Psychedelic Studies, Inc. (MAPS) 2121 Commonwealth Avenue, Suite 220, Charlotte, NC 28205. Phone: 704/334.1798. Fax 704/334.1799. Internet: [info@maps.org](mailto:info@maps.org), and <http://www.maps.org>