

SKY TASTE ALIVE INSIDE

GEORGE ANDREWS

I feel like a rocket that has just been launched
 brain waves travel at the speed of light
 shot through by all the stars
 tense liquid movements turn me inside out
 I am in all the worlds at once
 after I have made a flute from the bones of my own skeleton
 then I can begin to dance
 my own ghost is holy and it is all I have
 mother earth alive within me
 calling all her children home
 lost ones playing in the sky
 I am in all your eyes
 we are all inside each other's bones
 all wearing jewels from the same ocean
 radioactive salt sounding in each ear
 it is working just like magic sure as shit
 writing with my own intestines
 writing in my own intestines
 signature of maker sealer in order of the chromosomes
 supreme secret foundation of the empire
 protector of what is fine in all the worlds
 of what in all the worlds holds true
 coming up from beneath out of the abyss
 tortoise shell oracle from the depths of time
 seed of the space tribe planted before history began
 rainbows oscillate through the flesh
 innumerable worlds revolving in the galaxy of each individual sack
 of skin
 each sensitive hungry island universe of an ego
 has been alive in all the centuries
 all the centuries are alive in me now
 all is here now
 all that ever was since time began
 sea of primal radiance foam from which beauty springs

rare mountain fragrance snowdrop breath
 organic rainbow constellation
 from inside the tissues paradise rays transform the flesh
 revolution of the beautiful in the protoplasm
 micro-explosion in the nucleus
 morning glory story older than the earth we walk on
 electromagnetic apple in the ecstatic garden
 the scimitar of lightning severs my head from my shoulders
 celestial earth within my flesh awakens the subtle part of my solid
 self
 as caterpillar becomes butterfly so man becomes
 a luminous giant thundering anthems
 crown jewel on the forehead of our star the earth
 recognize the other world in this one
 the light takes me apart then puts me together again
 bird in the mouth of the jaguar saved by a virgin's hand
 the markings on the tiger skin are in the language of the diamond
 back rattlers
 zero in on one of those acts bathed in the fragrance of the night
 scars of passion like the markings on an animal's coat
 tell-tale traces of past experience
 mother's broth of many generations of lamentations
 sort all the ingredients out
 put each one in its proper place
 now let's begin again
 the family of the forces in harmony
 all back home again in one stew
 traces of yesterday stirring in today's home cooking
 the dead in conscious contact with the living
 ancestral traits alive and speaking
 true nobility is this memory engraved in the bones
 transformation thrice sanctified of the fossil into a living being
 all the joy of what never was at last has a chance to be
 scintillating at the peak each atom has danced its glory
 when really pinned down up here
 there is a lot of fast action for enormous stakes
 scurrying of insect feet wars of species
 whole lifetimes of energy being oozled up in a few instants
 the marrow of the soul extracted
 look into the fiery opal listen to the djinn
 empty place between the eyes
 space animal hidden in the human form
 royal tiger science king game
 armor of chain lightning links each star to its nerve

incredible night-hawks on the frontier of the open sky
 extreme weathering of time along the seams of matter
 cut that queen bee nectar with a knife of pollen
 rainbow amoebas in my organism I am an organism of
 crystallized light chords
 each cell is an instrument in the orchestra of the body
 floating cushion of joyous resonance
 sound box swinging through the structure of the being
 each cell in the body can communicate with any cell of any body
 cosmic joke being played in the navel of the radiance
 in the cauldron of exploding ether
 you may think you are pissing it out of you
 but it is in the salt of the bones forever

BOOK REVIEWS

BIOCHEMISTRY AND BEHAVIOR
 By Samuel Eiduson, Edward Geller, Arthur Yuwiler and Bernice T. Eiduson. Princeton, N.J.: Van Nostrand Co., 1964. Pp 554, \$15.00. Foreword by Dr. Gardner Murphy.

This is an outstanding summary and review of present-day knowledge regarding the relations between biochemistry and psychological functioning. One section, entitled "Energy, Respiration and Psychological Function," deals with the various behavioral disturbances and alterations concomitant with alterations in the respiratory cycle. Another section deals with the so-called "Neurohumors," also called neural transmitters, such as acetylcholine, norepinephrine, serotonin and others. Other sections deal with "Hormonal Regulation," chemical diagnosis of mental aberration, "psychoactive agents" (including psychotomimetics, energizers, tranquilizers), biochemical genetics and behavior, etc. The volume of data assembled is impressive, and in some cases important breakthroughs in understanding seem about ready to appear, and yet the field still lacks unifying principles and models.

DRUGS IN PSYCHOANALYSIS AND PSYCHOTHERAPY

By Mortimer Ostow, M.D. New York, Basic Books, 1962. Pp. 348, \$8.50.

This volume takes, as its starting point, Freud's remark at the end of the *Outline of Psychoanalysis*: "The future may teach us how to exercise a direct influence, by means of particular chemical substances, upon the amounts of energy and their distribution in the apparatus of the mind. It may be that there are undreamed of possibilities of therapy."

The author describes the action of various drugs, chiefly tranquilizers, in terms of the psychoanalytic system. Thus, tranquilizers are described as reducing the ego's content of libidinal energy, the energizers increase libido. Extensive theoretical discussions are given, plus two cases of drug-psychotherapy. Other drugs are classed either as ego-intoxicants, impairing ego-functioning, or ego-tonics, improving ego-functioning. The discussion of these other drugs is weak, but the book is interesting in presenting what is probably the first attempt to provide a consistent theoretical model, derived from the psychoanalytic, for the explanation and application of tranquilizers and energizers.