

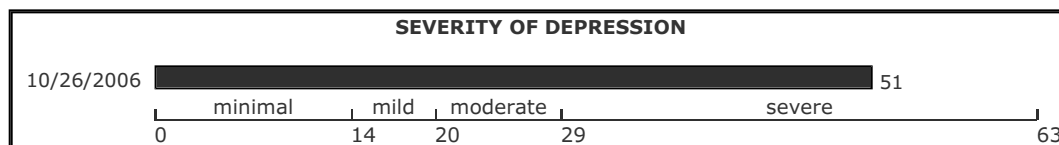
Beck Depression Inventory II



Name: _____
ID: 333333333333
Education: College graduate or post college education
Occupation: _____

Gender: Male
Relation: Widowed
Age: 64
Date: 10/26/2006 1:27:16 PM

BDI-II Score = 51



ITEM	RESPONSE	RATING
1. Sadness	I am sad all the time	2
2. Pessimism	I feel my future is hopeless and will only get worse	3
3. Past Failure	As I look back, I see a lot of failures	2
4. Loss of Pleasure	I can't get any pleasure from the things I used to enjoy	3
5. Guilty Feelings	I feel quite guilty most of the time	2
6. Punishment Feelings	I feel I am being punished	3
7. Self-Dislike	I am disappointed in myself	2
8. Self-Criticalness	I blame myself for everything bad that happens	3
9. Suicidal Thoughts or Wishes	I would like to kill myself	2
10. Crying	I feel like crying, but I can't	3
11. Agitation	I am so restless or agitated that it's hard to stay still	2
12. Loss of Interest	It's hard to get interested in anything	3
13. Indecisiveness	I have much greater difficulty in making decisions than I used to	2
14. Worthlessness	I don't consider myself as worthwhile as useful as I used to	1
15. Loss of Energy	I don't have enough energy to do very much	2
16. Changes in Sleep Pattern	I sleep most of the day	3
17. Irritability	I am irritable all the time	3
18. Changes in Appetite	My appetite is much greater than usual	2
19. Concentration Difficulty	I find I can't concentrate on anything	3
20. Tiredness or Fatigue	I am too tired or fatigued to do a lot of the things I use to do	2
21. Loss of Interest in Sex	I have lost interest in sex completely	3

BDI-II Scoring

The BDI-II is scored by summing the ratings for the 21 items. Each item is rated on a 4-point scale ranging from 0 to 3. The maximum total score is 63.

Special attention must be paid to the correct scoring of the Changes in Sleeping Pattern (Item 16) and Changes in Appetite (Item 18) items. Each of these items contains seven options rated, in order, 0, 1a, 1b, 2a, 2b, 3a, 3b, to differentiate between *increases* and *decreases* in behavior or motivation. If a higher rated option is chosen by the respondent, the presence of an increase or decrease in either symptom should be clinically noted for diagnostic purposes.

For further information about BDI-II scoring, and interpretation of scores, see:

BDI-II Manual by Aaron T. Beck, Robert A. Steer and Gregory K. Brown. © 1996 by Aaron T. Beck