



Spirituality & Psychology

A BI-ANNUAL SCHOLARLY CONFERENCE

2012

THE ROLE OF SPIRITUALITY IN PSYCHEDELIC CLINICAL RESEARCH

Berra Yazar-Klosinski, Ph.D. and Mason Shreck

60-minute Presentation for Spirituality: Research & Theory Track

Sunday February 19, 2011 at 9:15am

DESCRIPTION: Spirituality can inform the design and interpretation of clinical trials that seek to demonstrate safety and efficacy of psychedelic-assisted psychotherapy. This presentation will cover the design and recent results of the LSD-assisted psychotherapy study to treat end-of-life anxiety completed in Switzerland and sponsored by MAPS. The role of spirituality within the framework of clinical trials sanctioned by the FDA will be compared to previously conducted studies that were expressly designed to induce peak experiences using psychedelics.



BIOGRAPHY: Berra Yazar-Klosinski, Ph.D. is the Lead Clinical Research Associate of MAPS, where she helps to manage and develop clinical trials investigating the safety and efficacy of psychedelics and marijuana to treat conditions for which conventional medicines provide limited relief, including posttraumatic stress disorder, end-of-life anxiety and drug addiction. Dr. Yazar-Klosinski is actively involved in development of clinical protocols, study design, data collection and interpretation. She also serves as the spokesperson for research interests at MAPS.



Mason Schreck is pursuing his MA in counseling psychology at the California Institute of Integral Studies and interning at the Multidisciplinary Association for Psychedelic Studies. He studied Psychology and Anthropology at the University of California, Santa Cruz.