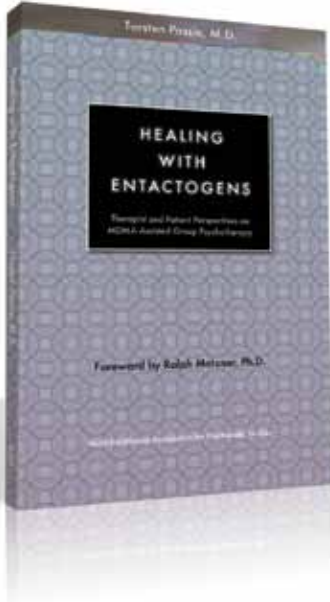


Healing with Entactogens: Therapist and Patient Perspectives on MDMA-Assisted Group Psychotherapy

by Torsten Passie, M.D.



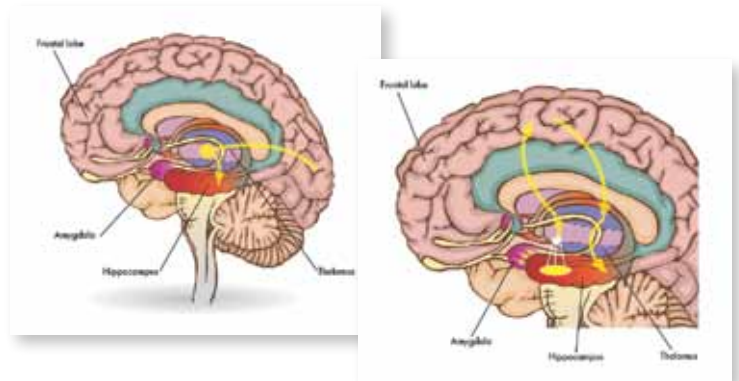
This booklet explores MDMA and other entactogens as pharmacological adjuncts to group psychotherapy. It presents intimate insights into entactogenic experiences from first-hand accounts of clients who participated in group therapy sessions, and crucial background on the neurobiological and psychospiritual components of those experiences.

The word “entactogen” refers to a class of psychoactive compounds like MDMA that “produce a touching within.”

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“Torsten Passie’s research not only deals with the amplified psychotherapy possible with MDMA, but also with the neurophysiological and neurochemical correlates of the experience. His book deserves a place as an essential milestone in the integration of MDMA-type drugs into psychotherapeutic practice.”

—Ralph Metzner, Ph.D., psychotherapist and consciousness researcher



Full-color diagrams explain how MDMA and similar compounds can improve the effectiveness of psychotherapy



About the Author

Torsten Passie, M.D., M.A., is Professor of Psychiatry and Psychotherapy at Hannover Medical School (Germany) where he serves as the Director of the Laboratory for Neurocognition and Consciousness. He is currently Visiting Professor at Harvard Medical School. Dr. Passie has conducted extensive research on the psychophysiology of altered states of consciousness, and is a leading European expert on the pharmacology and therapeutic use of psychedelic drugs.