

CURRICULUM VITAE

**Michael C. Mithoefer, MD**

DATE OF BIRTH: October 17, 1946  
PLACE OF BIRTH: Lexington, Kentucky U.S.A.

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SOCIAL SECURITY NUMBER: [REDACTED]

**STATE PROFESSIONAL BOARD LISCENSURE:**

South Carolina Medical Board # 10653

**BOARD CERTIFICATION:**

American Board of Psychiatry and Neurology  
4/96 – present (recertified 6/06)  
American Board of Emergency Medicine  
2/26/87 - 2/97  
12/23/05 – present (recertified 12/05)  
American Board of Internal Medicine  
9/16/81 - present

**EDUCATION AND TRAINING:****Undergraduate:**

1966-1970 Trinity College, Hartford, Connecticut

**Degree:**

B. A., English

**Graduate:**

1973-1977 Medical University of South Carolina  
Charleston, South Carolina

M.D.

**Post-graduate:**

1977/1978 University of Virginia Hospital  
Charlottesville, Virginia

Intern  
Internal Medicine

1979-1981 University of Virginia Hospital  
Charlottesville, Virginia

Resident  
Internal Medicine

1991-1994 Medical University of South Carolina  
Charleston, South Carolina

Resident  
Psychiatry

**ACADEMIC APPOINTMENTS:**

2007- 2008 Clinical Assistant Professor of Psychiatry  
Medical University of South Carolina  
Charleston, SC

1999 –2005 Clinical Assistant Professor of Psychiatry  
Medical University of South Carolina  
Charleston, SC

1982-1985 Clinical Instructor in Medicine and Surgery  
Medical University of South Carolina  
Charleston, South Carolina

**ADMINISTRATIVE APPOINTMENTS:**

1986-1987 Medical Director  
Goose Creek Emergency Medical Services  
Goose Creek, South Carolina

1984-1985 Emergency Department Director  
Georgetown Memorial Hospital  
Georgetown, South Carolina

1984-1985 Medical Director  
Georgetown County Emergency Medical Services  
Georgetown, South Carolina

1983-1984 Emergency Department Director  
Charleston Memorial Hospital  
Charleston, South Carolina

**HOSPITAL APPOINTMENTS/PRIVILEGES:**

2002- present	East Cooper Medical Center	Mount. Pleasant, SC
1994-1995	Rutland Medical Center	Rutland, VT
1985-1994	Trident Medical Center	Charleston, SC
1982-1984	Charleston Memorial Hospital	Charleston, SC
1981-1985	Georgetown Memorial Hospital	Georgetown, SC

**CLINICAL POSITIONS HELD:**

1995 - present	Private practice of psychiatry and clinical research Mt. Pleasant, SC
1994-1995	Private practice psychiatry Allen Commons Associates in Psychotherapy Rutland, VT
1985-1994	Emergency Physician and Senior Partner Trident Emergency Physicians Trident Regional Medical Center Charleston, South Carolina
1992-1994	Contract Physician (Psychiatry , nine hours per week) Berkley County Mental Health Center Monks Corner, South Carolina
July, August, 1986	Volunteer Physician Mari-Med Foundation Out Islands Clinics Marshall Islands
1981-1982	Emergency Physician Georgetown Memorial Hospital Georgetown, South Carolina
1982-1984	Emergency Medicine Attending Charleston Memorial Hospital Charleston, South Carolina

**HONORS:**

Alpha Omega Alpha

**MEMBERSHIPS:**

American Psychiatric Association, Fellow  
International Society for Traumatic Stress Studies  
Association for Holotropic Breathwork International

**OTHER CERTIFICATIONS:**

1998	EMDR Levels I and II
1995	Grof Transpersonal Training Program Certified Holotropic Breathwork Practitioner

**LANGUAGES SPOKEN:**

English, French, Spanish

**FUNDED RESEARCH:**

3/2004 - present Principal investigator FDA IND protocol # 63,384, A Phase II clinical trial testing the safety and efficacy of 3, 4- methylenedioxymethamphetamine (MDMA)-assisted psychotherapy in subjects with chronic posttraumatic stress disorder. Funded by Multidisciplinary Association for Psychedelic Studies, a private, nonprofit organization.

**PUBLICATIONS:****Scientific Articles:**

Mithoefer,JC, Remmers,JE, Zubieta,G,  
Mithoefer,MC, Pulmonary gas  
exchange in Andean natives at high altitude  
Resp. Physiol., 15:182, 1972

Mithoefer, M.C., The Physiology of  
Hyperventilation, The Inner Door, 9, (10) May, 1997

**Published Letters:**

Mithoefer, MC, Jerome, L, Doblin, R, (2003) MDMA (“Ecstasy”) and  
Neurotoxicity. *Science*:300: 1504

Sumnall HR, Jerome L, Doblin R, Mithoefer M (2003) Parkinson's disorder,  
psychomotor problems and dopaminergic neurotoxicity in recreational  
ecstasy/MDMA users. *Psychopharmacology* 167(4):449-450

**Book Chapters:**

Mithoefer, MC, MDMA-Assisted Psychotherapy for the Treatment of  
Posttraumatic Stress Disorder. In Michael Winkelman and Thomas Roberts  
(Eds.), *Psychedelic Medicine*. Praeger Publishing, 2007, pp 155-176

Mithoefer, MC, Informed Consent for Holotropic Breathwork, In Kylea Taylor  
(Ed.) *Exploring Holotropic Breathwork*. Hanford Mead, Santa Cruz 2003

Mithoefer, MC, Brightman, TM, Tepfer, TA, Rossler, M: Some Anecdotes of  
Healing and Holotropic Breathwork, In Kylea Taylor (Ed.) *Exploring  
Holotropic Breathwork*. Hanford Mead, Santa Cruz 2003

**Published Abstracts:**

Mithoefer, MC, Pilot Study of MDMA-Assisted Psychotherapy for treatment  
Resistant posttraumatic stress disorder (PTSD) that has been underway in the  
United States since March 2004, Book of Abstracts 10<sup>th</sup> European Conference  
on Traumatic Stress Opatija, Croatia, June, 2007, p. 32

Mithoefer, MC, MDMA-facilitated Treatment of PTSD, Papers of The 20<sup>th</sup> European College of Neuropsychopharmacology Congress, Vienna, October 13-17, 2007. The Journal of The European College of Neuropsychopharmacology v. 17, Supplement 4, October, 2007

Mithoefer, MC, Mithoefer, AT, Wagner MT, MDMA-Assisted Psychotherapy for the Treatment of PTSD, Current International Research, International Society for Traumatic Stress Studies 24<sup>th</sup> Annual Meeting, Chicago IL, Abstract #: 195977, November 2008

### **INVITED LECTURES:**

“MDMA-Assisted Psychotherapy – Study Design and Therapeutic Methods.” Meeting of The Israeli Society of Addiction Medicine, Tel Aviv, November 2002

“Hypotheses, Designs, Observations from FDA-approved Psychedelic Psychotherapy Research.” Pre-conference Workshop, 16<sup>th</sup> International Transpersonal Association Conference, Palm Springs, CA June 13, 2004

“Psychedelic Research Panel: A vision for the 21<sup>st</sup> Century.” 16<sup>th</sup> International Transpersonal Association Conference, Palm Springs, CA June 15, 2004

“Holotropic Breathwork and Mainstream Psychiatry, Present Realities and Possibilities for Integration.” 16<sup>th</sup> International Transpersonal Association Conference, Palm Springs, CA June 17, 2004

“MDMA-assisted Psychotherapy for Chronic Refractory PTSD, a Phase II Pilot Study.” Monthly meeting of the Coastal Chapter, American Psychiatric Association, July 13, 2004

“MDMA-Assisted Psychotherapy – Study Design, Therapeutic Methods.” and Preliminary Results, Meeting of The Israeli Society of Addiction Medicine, Tel Aviv, Israel March 24, 2005

“MDMA-assisted Psychotherapy for PTSD, A Phase II Clinical Trial, Preliminary Findings.” LSD- Problem Child & Wonder Drug – An International Symposium, Basel, Switzerland, January 14, 2006

“MDMA-assisted Psychotherapy for PTSD, A Phase II Clinical Trial, Preliminary Findings.” European Conference on Traumatic Stress, Opatija, Croatia, June 8, 2007

“MDMA-facilitated Treatment of PTSD”, co-chair, Symposium on “Drugs facilitation of psychotherapy in anxiety related disorders.” European College of Neuropsychopharmacology 20<sup>th</sup> Congress, Vienna, October 17, 2007

“MDMA-assisted Psychotherapy for PTSD, A Phase II Clinical Trial.” Horizons, Contemporary Perspectives on Psychedelics. A one day conference, New York, NY, October 27, 2007

“MDMA-assisted Psychotherapy for Posttraumatic Stress Disorder (PTSD): Therapeutic Process and Preliminary Results from a US Study.” World Psychedelic Forum, Basel, Switzerland, March 21, 2008.

“The Safety and Efficacy of 3,4-Methylenedioxymethamphetamine (MDMA)-assisted Psychotherapy for Treatment-resistant Posttraumatic Stress Disorder (PTSD): A Double-Blind Randomized Placebo-controlled Pilot Study.” Annual Meeting of the Royal College of Psychiatrists, Liverpool, England, June 4, 2009

**POSTER PRESENTATIONS:**

Mithoefer, MC, Mithoefer, AT, Wagner MT, MDMA-Assisted Psychotherapy for the Treatment of PTSD, International Society for Traumatic Stress Studies 24<sup>th</sup> Annual Meeting, Chicago IL, , November 2008